

President's Message



Dr. Craig Oldham President

WCDDA Members,

Another year in organized dentistry has begun. It is a privilege to be a dentist and work in these communities on Florida's West Coast. The WCDDA goal is to defend dentistry from the growing obstacles we face. Small business rules, insurance company challenges, and the proposal of poorly trained mid-level providers in Florida are not disappearing. Our dental association plans to improve our position as a valuable, independent health care provider.

The WCDDA also wants to help each member succeed. We work in an open, positive setting that is cherished by both young and seasoned dentists. We need help to maintain this standard.

Dentist members will strengthen our dental association by utilizing our FDA Services. Malpractice insurance, workers compensation insurance, and commercial property insurance are offered with high quality carriers for the lowest cost reasonable. Payroll companies add unnecessary fees to a state mandated rate - most likely you are paying too much! In the last two years, nine malpractice insurance companies were listed in state rehabilitation or receivership. This is shocking and isolates those doctors by dissolving

tail coverage and true liability protection. Don't be fooled by low, low rates.

Thank you for your participation in the WCDDA. Remember to ask your colleagues for help, to contact the central office for advice, and to enjoy your member benefits. Florida's Mission of Mercy is April 24-25, 2020 in Jacksonville. It is a wonderful opportunity to serve and to feel sincere appreciation. The 2,000+ patients that are treated are all amazing, kind, thankful souls.

I will see many of you soon at the affiliate association meetings.

Please enjoy life. 🚞

Thanks,

Craig Oldham, DMD



Front Cover: Le Méridien - Tampa's own 107 year old former federal court house. Come celebrate our Presidential Reception with us as this historic venue on February 6th! -Details page 8.

Officer Planning Session, (I:r) Drs. Lance Karp, Chris Bulnes, JP, Clay McEntire, Steve Zuknick, Oscar Menendez, Hugh Wunderlich, Gregg Langston and Fred Grassin. Middle Row (I:r) Drs. Rita Hurst, Reza Iranmanesh and Jessica Stilley Mallah. Seated (I:r) Drs. Craig Oldham and Rudy Liddell.

See You in Kentucky

See page 12 for details!

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32nd Summer Meeting

To view more meeting photos, visit facebook.com/wcdda



Another successful fishing excursion!





Dr. Oscar Menendez passing the gavel to the new President, Dr. Craig Oldham.



5K Fun Run Group!



Family Fun Event Victory! The Grimaudo and Metz families celebratory photo!







Friends & fun at the Cigar and Cordials event!

Summer Meeting raffle winner, Dr. Michael Adams!



Future leaders of the WCDDA



WCDDA Past Presidents celebrating another year of friendship and camaraderie.

Annual & Summer Meeting Information

DOS APAG

WCDDA 99th Annual Meeting Friday, January 29, 2021

WCDDA Gasparilla Private Parade Tent Saturday, January 30th (Private tent includes: food, open bar and private restrooms)

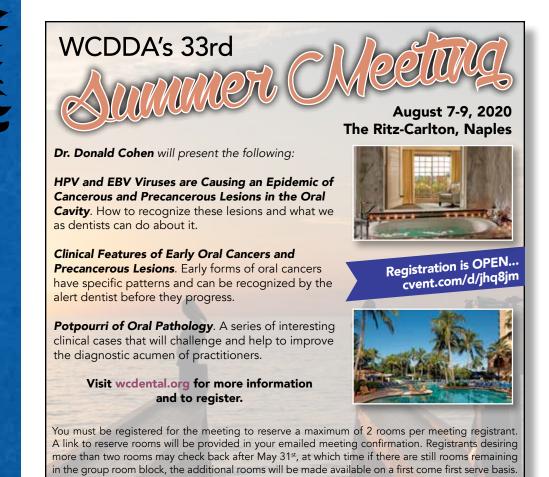
Ye Mystic Krewe of Gasparilla hosts a parade that begins at 2 p.m. at Bay to Bay and Bayshore in South Tampa. The 4.5 mile Gasparilla Parade of the Pirates, which has been presented by Ye Mystic Krewe of Gasparilla annually since 1904, winds its way into downtown Tampa, featuring 103 floats, 3 marching bands and over 50 participating social organizations (krewes).

Summer Meeting History!

- $\ddot{}$ The first WCDDA (formerly called WCDA) Summer Meeting was over 32 years ago on August 14-16, 1987 at The Naples Beach Hotel and Golf Club. Featured Program: Amalgam? You Betcha! Posterior Composite? Well Maybe, Kenneth Grubbs, DDS - 5 CEUs
- ightarrow The first annual WCDA Wacky OH-WIMPICS was on the beach! A Beach, Beef and Fun buffet was hosted and of course the Wine & Cheese Reception that still exists today!
- WCDA Leadership in 1987:

President, Dr. Edwin Leonard; President-Elect, Dr. Duel Christian; First Vice President, Dr. Larry Morgan and Florida Dental Association's, First Vice President, Dr. Curtis Gause.

- The House of Delegates meetings were held in conjunction with the Summer Meeting. The agenda items that were up for discussion included the following: \$20 dues increase, peer review process, peer review record keeping and establishing a referral service for members.
- Total Members in the WCDA in 1987 was 1,272!
- The West Pasco affiliate was formerly known as Withlacoochee!
- The President's Trip in 1987 was a ski trip to Park City, Utah!

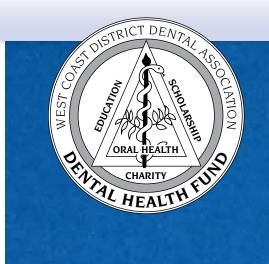


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WCDDA Fund

The WCDDA Fund supports access to care events and clinics, accredited dental programs, and dental health education in thirteen counties. By supporting local events and education, the association is able to impact various important missions and support the profession.

The WCDDA Annual Summer Fundraiser Raffle was another great success! Over \$3,600 was raised and 26 doctors won various donated items. The WCDDA would like to thank the following for their donations towards our successful raffle event held in conjunction with the summer meeting in Naples! If you're interested in donating to the Fund, visit wcdental.org.

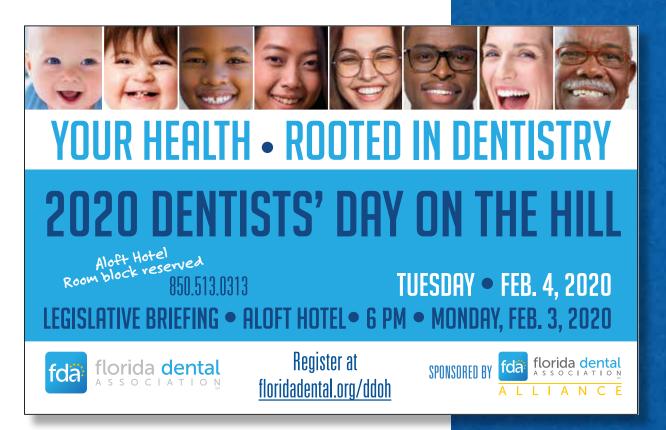


Dan Bertoch Memorial Grant

Dan Bertoch Memorial Grant: Dr. Dan Bertoch devoted much time to advocacy for the dental profession. It is in his spirit that a Memorial Fund in Dan's name was established in 2011 to provide funding for a first-time attendee(s) to Dentists' Day on the Hill in Tallahassee on February 3-4, 2020. The grant can be used towards transportation to and from Tallahassee and accommodations at the host hotel.

For questions regarding the WCDDA Fund of the Dan Bertoch Memorial Grant, contact the WCDDA Office at (813) 654-2500 or email: lissette@wcdental.org. Download the grant application by visiting, wcdental.org/wcdda-fund/scholarship-forms.

ATTEND DDOH FOR FREE!



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WCDDA New Members & Condolences

The WCDDA would like to extend a warm welcome to new and returning members of the American, Florida and West Coast Dental Associations

Dr. Hayder Abdulameer, Wesley Chapel Dr. Tasnova Ahmad, Fort Myers Dr. Effat Ahmadi, Bradenton Dr. Yaima Alba, Sarasota Dr. Alisha Anand, Tampa Dr. Cristina Armbruster Jacas, Spring Hill Dr. Zeina Armouche, Tampa Dr. Maneet Arora, Davenport Dr. Daima Avila, Tampa Dr. Sarah Barr, Brandon Dr. Katalina Beltran, New Port Richey Dr. Andrea Bermudez, Fort Myers Dr. Emerson Boogaard, Lehigh Acres Dr. Ioanna Borissova, Tampa Dr. Simone Boutros, Tampa Dr. Joshua Burns, Tampa Dr. Luis Carrero Cordero, Valrico Dr. Maria-Marcia Carvalho, Port Charlotte Dr. Lester Castillo, Seminole Dr. Dorothy Cataldo, Saint Petersburg Dr. Cody Chase, Saint Petersburg Dr. Ginger Chasolen, Sarasota Dr. Sonia Chheda, Tampa Dr. Seng Kyu Choi, Tampa Dr. Todd Cleary, Seminole Dr. Katrina Co, Fort Myers Dr. Julia Collazo, Beverly Hills Dr. Luis Congote, Winter Haven Dr. Lori Conrad, Sarasota Dr. Lourdes Cortes, Tampa Dr. Andres Cruz, Naples Dr. Sura Dabbagh, Wesley Chapel Dr. Ashley Daniels, Naples Dr. Aldo Del Sol Martinez, Riverview Dr. Hina Desai, Saint Petersburg Dr. Brandi Dinh, Estero Dr. Takashi Dixon, Riverview Dr. Eva Dupay, Lakeland Dr. Atom Edenson, Tampa Dr. Hamed El-Jabali, Temple Terrace Dr. Paradis Esfandiari, Tampa Dr. Jason Fackender, Spring Hill Dr. Paul Feit, Port Charlotte Dr. James Felch, Saint Petersburg

Dr. Michelle Felix, Naples Dr. Monica Freifeld, Palm Harbor Dr. Tyler Frey, Naples Dr. Dasha Frias Landa, Naples Dr. Adriana Gabaldon, Naples Dr. Marina Gabriel, Trinity Dr. Meredith Galloway, Bradenton Dr. Dimitrios Gatis, Naples Dr. Jean George, Riverview Dr. Shada Ghnaim, Bradenton Dr. Emily Gimness, Seminole Dr. Giovanni Gonzalez, Naples Dr. Jonathan Gordon, Naples Dr. Matthew Graham, Port Charlotte Dr. Debbie Grant, Sarasota Dr. Deena Hawasli, Fort Myers Dr. Oscar Hernandez, Bradenton Dr. Tranchau Hoang, Palm Harbor Dr. Yvonne Hoang, Sarasota Dr. Andrew Holovnia, Tampa Dr. Xiaoxiao Hong, Vero Beach Dr. James Houston, Lakewood Ranch Dr. Hind Hussein, Lakewood Ranch Dr. Benjamin Hwang, Wesley Chapel Dr. Ratrice Jackson, Riverview Dr. Jermyn Javier, Lehigh Acres Dr. Noor Jawad, Tampa Dr. Christine Kerrigan, Sarasota Dr. Abdul Khan, Hudson Dr. Fatima Khan, New Port Richey Dr. Jacob Klamut, Cape Coral Dr. Maria Lamazares, Tampa Dr. Samuel Landrian, Tampa Dr. Melissa Leach, Fort Myers Dr. Sinhye Lee, Riverview Dr. Tong Liu, Fort Myers Dr. Raphael Liy, New Port Richey Dr. Courtney Lombardo, North Redington Beach Dr. John Longmire, Tampa Dr. Connor Love, Tampa Dr. Seth Lutjemeyer, Tampa Dr. Helen May, Fort Myers Dr. Denise McCaskill, Tampa Dr. Rowland McCoy, Lake Alfred

Dr. Amalio Montez, Immokalee Dr. James Muir, Weeki Wachee Dr. Cody Neill, Tampa Dr. Nesreen Nimer, Weeki Wachee Dr. Julian Ortiz, Tampa Dr. Krunal Pachigar, Tampa Dr. Stanley Parker, Indian Rocks Beach Dr. Khusbu Patel, Naples Dr. Krupal Patel, New Port Richey Dr. Leslie Pence, Brandon Dr. Meng Peng, Tampa Dr. Casandra Perez, St. Pete Dr. Christopher Petrotto, Tampa Dr. Frank Pettinato, Palm Harbor Dr. Kimberly Phelps, Wesley Chapel Dr. Flavius Popescu, Naples Dr. Alvaro Preciado, Bradenton Dr. Katelyn Radner, Palm Harbor Dr. Vinutha Rattehalli, Lakeland Dr. Golnaz Reihani, Wesley Chapel Dr. Anthony Riggio, Naples Dr. Matthew Robison, Tampa Dr. Nataly Salazar, Fort Myers Dr. Olga Saniukovich, Trinity Dr. Sara Sardano, Clearwater Dr. Ronald Schram, Brandon Dr. Tanya Sehgal, Winter Haven Dr. Oleg Semeryuk, Seminole Dr. Pragya Sharma, Sarasota Dr. Andel Sinanan, Weeki Wachee Dr. Neal Singh, Palm Harbor Dr. Shiva Soleimani, Brandon Dr. Matthew Sorsok, Tampa Dr. William Spencer, Clearwater Dr. My-Huong Ta, Sarasota Dr. Maria Tibavinsky, Clearwater Dr. Anthony Tossona, Palm Harbor Dr. Carl Treyz, Madeira Beach Dr. Malissa Vacharakiat, Tampa Dr. Andrew Vallo, Tampa Dr. Jonathan Van Dyke, Naples Dr. Jason Vanman, Saint Petersburg Dr. William Welch, Fort Myers Dr. Caitlin Wild, Tampa

In Memoriam

We are deeply saddened by the loss of our colleagues.

James O. Bass, DDS of Fort Myers passed away on October 18, 2018 Joseph P. Bodo, Jr., DDS of Tampa passed away on August 7, 2019 (Past President) Richard W Ehlers, DDS of Sarasota passed away on April 29, 2019 Peter E. Dawson, DDS of St. Petersburg passed away on July 27, 2019 Wallace S. De Puy, Jr, DDS of Naples passed away on February 6, 2019 Gerald Francati, DDS of St. Petersburg passed away on July 9, 2019 Henry G. King, DDS of Treasure Island passed away on May 30, 2014 Thomas V. Klement, DMD of St. Petersburg passed away on August 6, 2019 David G. Parker, DMD of Punta Gorda passed away on April 4, 2019 (Past President) Anthony R. Puma, DMD of Beverly Hills passed away on June 19, 2019 Richard S. Pyer, DDS of Tampa passed away on March 20, 2019 Anthony J. Schweiger, DMD of St. Petersburg passed away on August 23, 2019 Ronald J. Smith, DDS of Bradenton passed away on September 14, 2019 Dennis Sweeney, DDS of Fort Myers passed away on June 2, 2019

A contribution has been made to the WCDDA Fund in their memory. If you would like to contribute, please make your check payable to the Florida Dental Health Foundation, indicate WCDDA Fund in the memo and mail to: Florida Dental Association, Attn: Foundation, 545 John Knox Road, Suite 200, Tallahassee, Florida 32303.

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TRANSITION CONSULTING/ PLANNING = ASSOCIATESHIPS

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- » Auto & Boat
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CONTACT RICK

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Important Information

New Requirements

Opioid Prescribing:

- > All dental license holders are now required to take a two-hour Opioid Prescribing course.
- With the passage of HB 549, dentists will now be able to receive CE for controlled substances from dentists and dental-affiliated groups certified to offer such a course, which includes the FDA. HB 549 was signed into law and is effective July 1, 2019.
- Starting July 1, 2019, the FDA will offer a two-hour Opioid Prescribing on-demand webinar with special pricing available to members.
- Dentists who have already taken the two-hour CE course based on having a DEA license will not be required to take another CE course on the prescribing of controlled substances this biennium.

Human Trafficking:

- One-hour Human Trafficking CE Course is Required for All Florida Licensed Dentists and Hygienists. HB 851 outlines several changes to human trafficking laws including creating a new requirement for various health care practitioners, including dentists and dental hygienists to take a one-hour CE course on human trafficking by Jan. 1, 2021. Visit, floridadental.org/humantrafficking.
- Starting July 1, 2019, the FDA will offer a one-hour Human Trafficking on-demand webinar with special pricing available to members.
- January 1, 2021, a sign must be posted in your office in a place accessible to employees that states specific languages outlined by the legislation, with specific requirements for font size and display size. The posters are available at floridadental.org.

Did you Know?

FL HB 831 - Mandates that all prescribers must generate and transmit all prescriptions electronically beginning Jan. 1, 2020. Exceptions would include situations where e-prescribing is unavailable due to temporary technological/electronic failure that is outside of the prescriber's control. The bill expressly states that electronic prescribing shall not interfere with a patient's freedom to choose a pharmacy. Visit, flsenate.gov/Session/Bill/2019/831.

Fighting for the Profession of Dentistry

Dentistry's state and federal political action committees ensure the association has a place at the table when lawmakers are debating legislation that affects dentistry. The FDA Political Action Committee (FDAPAC) Board of Directors and American Dental Political Action Committee (ADPAC) work hard to identify and support dental-friendly candidates. To stay informed, visit ada.org/advocacy.aspx and floridadental.org.

Managed Care Handbook for Members

You Want Me to Sign What? A Florida Dentist's Handbook on Managed-care Contracts is a comprehensive reference including information on reimbursement, risk, negotiating, and rights and duties of both parties. Contact the WCDDA office to obtain your copy, (813) 654-2500.

ADA's Center for Professional Success – Resources for Your Personal and Professional Life This interactive web resource offers members relevant and effective solutions you can use every day: managing your career, expanding your knowledge and balancing your life. Visit success.ada.org/en/.

FDA's Career Center

New platform that gives dentists and dental employers a better way to find each other and make that perfect match. Visit, floridadental.org/member-center/fda-career-center.

Avoid Costly Legal Fees and Malpractice Suits by using this free service available only to members. Peer Review doesn't always have to be started by a disgruntled patient. A frustrated dentist who feels that everything has been done to satisfy the patient, with no success, also can recommend Peer Review. This is a service provided by colleagues to other members to help mediate problems, and most of the time avoid costly and emotionally draining litigation or Board of Dentistry complaints. Questions? call WCDDA at (813) 654-2500.

Other Member Benefits Include:

ADA "Find a Dentist": The online tool, mouthhealthy.org promotes your practice by allowing you to keep your profile up to date and making it easy for potential patients to locate your practice.

FDA Services: Provides a wide range of insurance at affordable rates. Individual/ Group Health, Professional Liability, Term Life, Workers Compensation, Disability, Malpractice, Auto and Pension plans are available. Contact Rick D'Angelo at (813) 475-6948 or <u>rick.dangelo@fdaservices.com</u>. **Crown Savings:** FDA Services has researched and vetted business solutions so

members can take advantage of exclusive deals and discounts offered through the Crown Savings program. Members who participate will save time, money and hassle, putting the focus back on patient care. Visit <u>fdaservices.com/crownsavings</u>.

ADA Credentialing: Spend more time with patients and less time on cumbersome, redundant paperwork. Think like a dentist and run your office like an entrepreneur with ADA's Credentialing Service. Visit <u>ada.org/credentialing</u>.

ADA/FDA/WCDDA Websites: Information right at your fingertips, visit ada.org, floridadental.org and wcdental.org to access important information on laws, rules, and continuing education and employment opportunities. Visit ADA's New Dentist Blog, <u>newdentistblog.ada.org</u> and FDA's Beyond the Bite Blog, <u>floridadental.org/members/</u> <u>fda-blog</u>.

CE Programs/Annual Meetings/Affiliate Meetings: Each association hosts annual meetings and monthly meetings that provide high quality continuing education to members and their staff at a significantly reduced rate. WCDDA's Annual Winter and Summer Meetings, WCDDA Affiliate Meetings, Florida Dental Convention (FDC) and the ADA's Annual Session.

Free Florida and HIPAA Compliance

Forms: Free HIPAA forms are available to all members. Visit <u>floridadental.org/members/</u><u>member-resource</u>

Free Online CE: Members receive up to 30 hours of FREE online CE courses at <u>floridadental.org</u>.

CE Broker Tracking: Continuing education attendance records are uploaded into CEbroker.com for each member who attends a meeting at the FDA, WCDDA and affiliate levels.

For more information about MEMBERSHIP AND HOW TO JOIN, CALL (800) 260-5277 or visit <u>wcdental.org</u> OR <u>floridadental.org</u>.

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Association Business - Official Calls

Official Calls

Coast district.

There will be a caucus of the West Coast District Dental Association's Delegation on Tuesday, January 14, 2020 at 6:00 p.m. via conference call. There will be twelve

sites throughout the West



Dr. Rita Hurst

The West Coast District Dental Association will hold a lunch caucus in conjunction with the Florida Dental Association's House of Delegates meeting Saturday, January 25, 2020 at the Tampa Airport Marriott.

Dr. Rita Hurst WCDDA Secretary

Accepting Nominations for WCDDA Secretary:

The WCDDA is accepting written nominations for WCDDA Secretary. This is the entry level for the WCDDA leadership ladder. Any WCDDA member may be nominated. The Nominating Committee will review the names and make recommendations to the Executive Cabinet. *Please forward written nominations to the WCDDA Executive Cabinet prior to March 1, 2020.*

Award Nominations are Being Accepted for the Following:

Distinguished Service Award: This award is given to a member for outstanding service toward the dental profession and the West Coast District Dental Association.

Dan Bertoch Leadership Award: This award is given to a young dentist who has proven leadership skills.

Affiliate of the Year Award: This is given to an affiliate that has contributed the most towards improving the WCDDA by increasing membership numbers, having the most volunteers, and supporting the ideas, activities and meetings of the WCDDA.

Kintsugi: This award is given to any member who has shown dedication or commitment towards improving the access to healthcare issue in the community.

Please submit award nominations to the WCDDA office by December 31, 2019.

Awards will be presented at the President's Reception at Le Méridien in conjunction with the WCDDA's Annual Meeting on February 6, 2020 at in Tampa.

New WCDDA Team Members

Tammy-Lynn was raised in Massachusetts and relocated to the Tampa area. She has more than twelve years experience in management. She previously served as the Marketing & Membership Director of the Amherst Chamber of Commerce with a focus on connecting members and increasing membership participation. In her spare time, she enjoys capturing landscape and nature photography, chasing the sun on the beach and reading.



Tammy-Lynn Chace Executive Assistant

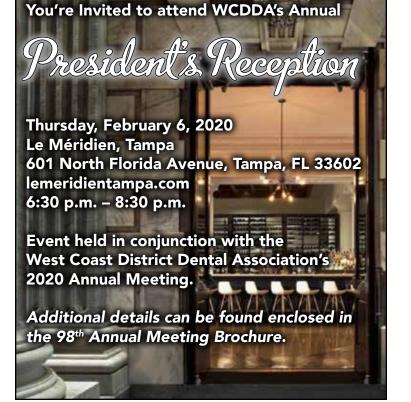
Heather was born and raised in Broward County, FL and relocated to the Tampa area in 2019. While seeking her Business & Marketing Degree from Florida Atlantic University she began her career with a nonprofit dedicated to animals. She has developed and managed websites, implemented marketing campaigns on social media and communications platforms and has experience working with volunteers and



executive boards. In her spare time, she enjoys volunteering at animal shelters, attending concerts and traveling.

Heather Nelson

Client Services Manager



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Mark Your Calendar 2019-2021

| WCDDA Executive Cabinet Meeting October 25, 2019 |
|--|
| WCDDA Delegation Phone Caucus January 14, 2020 |
| FDA House of Delegates, Tampa Marriott Jan. 25, 2020 |
| Dentists' Day on the Hill, Tallahassee February 3-4, 2020 |
| WCDDA President's Reception, Tampa February 6, 2020 |
| |
| WCDDA 98th Annual Meeting, CAMLS, Tampa February 7, 2020 |
| WCDDA 98th Annual Meeting, CAMLS, Tampa February 7, 2020 WCDDA President's Trip, Kentucky Bourbon Trail March 12-15, 2020 |
| |

| WCDDA Delegation Caucus, Various SitesJune 2, 2020 |
|---|
| FDA House of Delegates, Gaylord Palms (no FDC in June) June 12-13, 2020 |
| WCDDA 33rd Summer Meeting, The Ritz-Carlton, Naples. Aug. 7-9, 2020 |
| America's Dental Meeting & FDC, Orlando October 15-17, 2020 |
| FDA House of Delegates, Tampa Marriott January 23, 2021 |
| WCDDA 99th Annual Meeting, CAMLS Tampa |
| Florida Dental Convention, OrlandoJune 24-26, 2021 |
| WCDDA 34th Summer Meeting, The Ritz-Carlton, Naples Aug. 6-8, 2021 |
| America's Dental Meeting, Las VegasOctober 11-15, 2021 |



FDA WELL-BEING PROGRAM PROVIDES CONFIDENTIAL HELP FOR DENTISTS, THEIR FAMILIES AND STAFF



DR. BARTON BLUMBERG

According to the American Dental Association's (ADA) statistics, 19% of all dentists will have problems with drugs or alcohol sometime during their careers. These numbers may have grown in the past few years due to the opioid epidemic. The fallout from this not only affects their health and well-being, but also that of their patients, staff and families. Ultimately, they can be in jeopardy of losing their licenses, their health or even their lives.

Alcoholism and addiction are diseases, just as diabetes, cancer and heart disease are. There is good scientific evidence that there is a genetic predisposition for addiction. All addictions affect the brain in the same way by stimulating the production of dopamine, which in turn stimulates the pleasure or euphoria centers. This repeated exposure essentially hijacks the brain in an individual with addiction potential and prevents them from making rational choices when faced with the consequences of using their drug of choice. Most of us have heard that we all have obsessive-compulsive behavior about something, but when it interferes with our routine activities of daily living to the point of creating unintended consequences, it can be considered an addiction, whether it is drugs and alcohol, gambling, sex, overeating, over-exercising, etc.

Part of the disease process is an individual's strong denial that they have a problem. Sometimes the first ones to notice that they have a problem are staff or family members. They might see some of the warning signs: the doctor showing up late or completely missing unscheduled days off. They may show physical signs, such as unusual irritability with patients or staff or slurred speech. However, staff or family members are reluctant to confront the individual for fear of repercussions.

The Florida Dental Association's (FDA) Well-Being Program has been in effect for almost two years and is a non-threatening way for dentists to get help with their illness. Again, this is a disease and we would not expect someone close to us not to seek help for cancer or heart disease. So why should they not receive help for their addiction? There are many psycho-social aspects to this disease. But, the individual suffering from this disease doesn't have the ability to fully see and understand that they have a problem, so it's up to those closest to an addict to help them get treatment.

A recovering addict has a unique first-hand perspective on treatment and recovery. As someone in recovery for more than 12 years, I can tell you that I've had the opportunity to work with many others, including health care professionals, who have suffered and then recovered from this disease. I can tell you that our lives are so much better in every way. I'm grateful that my family and career have survived my addiction. I have wonderful relationships with my family, patients and staff in ways that I never could've dreamed possible — even better than before my addiction problems. Every day, my personal growth, health and peace of mind is incredible and is something that I wish everyone could enjoy. When I first came into recovery, I was told that alcohol and drugs were only a symptom of my disease. Although it may be hard for others outside of the recovery process to understand, I can tell you that it is absolutely true!

The FDA Well-Being Program is a project under the Council on Ethics, Bylaws and Judicial Affairs. This program is designed for a dentist or their staff and family to contact a trusted source in recovery who understands dentistry and its difficult challenges. The conversations can be on an anonymous basis and will always be kept confidential. Doctors are not required to give their name or membership information, and there is no stigma or judgement attached to doctors or their loved ones who reach out to the well-being consultant. These communications also are protected as non-discoverable.

There is no need to suffer the consequences of addiction to your health, your patients, your family or your license. The hardest part is admitting you have a problem! From then on, help is available. Any dentist in recovery who would like to be on this committee, or anyone who needs information or help can anonymously and confidentially contact me at 352.446.7910.





Walter F. Zoller, D.M.D. Space Coast Dental Locum Tenens

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Affiliate Corner



Throughout the 13 counties in the WCDDA district there are 12 affiliates that meet regularly. In addition to the ADA, FDA and WCDDA, the Affiliates are another great way to get involved and access benefits to help you and your dental practice.

- Monthly meetings including quality continuing education, networking and dinner.
- > Peer-to-peer case review and discussion among referring colleagues.
- > Volunteer opportunities.
- Direct and immediate support from the local, state and national levels.
- Grassroots awareness and involvement such as fluoride, community dental clinics, political outreach and other important issues that arise in the community.
- Community service programs.

Join your local affiliate today!

Affiliate Program Dates and Contact Information

CHARLOTTE COUNTY DENTAL SOCIETY

Dr. Patricia Scott, President - (941) 625-8500 November 19, 2019 Anti-Coagulation Therapy, Dr. Patricia Scott January 14, 2020 - TBD February 11, 2020 - TBD March 10, 2020 - TBD April 14, 2020 - TBD May 12, 2020 - TBD

COLLIER COUNTY DENTAL ASSOCIATION

www.collierdentists.com Dr. Sean Carr, President (239) 596-5771

November 21, 2019 Determining the Splint Treatment, Dr. Ralph Garcia January 16, 2020

Preventing Burnout – The Dental Practice of Your Dreams, Dr. James Pitts

February 20, 2020

Consequences of Oral Cancer, Dr. Nancy Bouchard and Stacey Brill, Speech Pathologist

March 19, 2020

Maximizing Esthetic Results with Single Tooth Anterior Implants-The 3 Ts, Dr. Sammi Zfaz

April 16, 2020

Doctor/Lab Communication in Dentistry, Dr. Bruce McPherson May 21, 2020

Spring Meeting -Oral Complications and Prevention Strategies for Older Adults – Fill Up or Cover Up, Dr. Gregory Oxford

GREATER HIGHLANDS COUNTY DENTAL ASSOCIATION

Dr. Michael Kirsch, President - (863) 382-8878 **November 12, 2019** Medical Errors, Dr. Jack Longmire **January 14, 2020** Update on Restorative Materials and Rechniques, Dr. Mike Dorociak **February 11, 2020** Human Trafficking (Course required by January 1, 2020; meets board requirements), Sgt. Kimberly Gunn from HCSO **April 14, 2020** Early Orthodontic Treatment: When to Refer, Dr. Steven Guelff

HERNANDO COUNTY DENTAL ASSOCIATION

www.hernandocountysmiles.org November 14, 2020 - TBD January 16, 2020 Transforming the Dental Cripple, Dr. Michael Hashemian March 19, 2020 Perio and Alzheimers, Dr. Jessica Stilley-Mallah May 21, 2020 - TBD

> Tear this page out and keep it for a CE adventure!

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HILLSBOROUGH COUNTY DENTAL ASSOCIATION

www.hcdafla.com Dr. Wendy Churchill, President (813) 964-8585 November 19, 2019 Medical Errors, Dr. Jack Longmire January 28,2020 How Laws and the Board of Dentistry Affects Your License, Casey Stoutamire, Esq. March 24, 2020 The Shift-The Pragmatic Movement Toward Complete Health Dentistry, Dr. DeWitt Wilkerson

LEE COUNTY DENTAL SOCIETY

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www.leecountydental.com

Dr. Andrea Mier Parsons, President (239) 549-7771 November 21, 2019 Living to 100 with Vitality, Dr. Sal Lacagnina January 16, 2020 Medical Errors: Update on Laws/Rules & Domestic Violence, Dr. Hal Haering February 20, 2020 Sinus-Related Complications in Implantation, Sinus Lift, and Extraction, Dr. Justin Casey March 26, 2020 A Gastroenterologist's Thoughts on Dentistry - Passing Through From Mouth to Anus (M2A), Dr. Christopher Gostout April 16, 2020 Veterinary Dentistry, a Summary of Our Current Practices, Dr. Wade Gingerich May 21, 2020 Collier / Lee Annual Seminar Dr. Gregory Oxford

MANATEE DENTAL SOCIETY

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www.manateedentalsociety.org Dr. Bobby Troxler, President (941) 405-0158 November 19, 2019 Optimize Your Practice, Dr. Christopher Bulnes January 21, 2020 Domestic Violence, Dr. Nicholas Grimaudo March 17, 2020 - TBD April 21, 2020 Current Trends in Digital Dentistry, Dr. Ryan Rubino

SARASOTA COUNTY DENTAL ASSOCIATION

www.scdaonline.com Dr. Kenneth Liszewski, President (941) 351-8338 November 14, 2019 - Botox and Fillers, Dr. Tirbod Fattahhi January 9, 2020 - TBD March 12, 2020 - Dawson Functional Aesthetics: Design, Develop and Deliver and... Repeat, Dr. Zach Sisler April 16, 2020 - TBD

PINELLAS COUNTY DENTAL ASSOCIATION

www.smilepinellas.com Dr. Gabriele Spinuso, President (727) 302-9401 November 13, 2019 Joint Meeting with UPCDA Taking the Fear Out of Having TMJ Patients, Dr. Mark Piper December 4, 2020 Understanding the CDT Code, Dr. Christopher Bulnes January 8, 2020 Cambridge Dental Practice Consultants, Kevin Tighe March 4, 2020 - TBD April 1, 2020 - TBD

POLK COUNTY DENTAL ASSOCIATION

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www.polkcountydental.com Dr. Max Forni, President (863) 676-6021 November 19, 2019 - TBD January 21, 2020 - TBD February 18, 2020 - TBD April 21, 2020 - TBD May 19, 2020 - TBD

UPPER PINELLAS COUNTY DENTAL ASSOCIATION

www.upcda.org Dr. Jeremy Albert, President (727) 376-2770 November 13, 2019

Joint Meeting with PCDA Taking the Fear Out of Having TMJ Patients, Dr. Mark Piper January 15, 2020 Prosthodontic Lecture, Dr. Phil Hedger March 11, 2020

Understanding the Patient's "No, and How to Make Them Say Yes", Dr. Jason Watts **April 15, 2020** Perio and Alzheimers, Dr. Jessica Stilley-Mallah

WEST PASCO DENTAL ASSOCIATION

www.thewpda.com Dr. Ricky Pan, President (727) 847-5360 November 26, 2019 Transforming the Dental Cripple, Dr. Michael Hashemian January 28, 2020 - Who Moved my Retirement, Dr. James Pitts March 24, 2020 HPV & Other Pre-Cancer Topics, Dr. Indranneel Bhattacharyya April 28, 2020 Periodontal Disease & Alzheimer's (Hygiene Meeting)

For all meetings and affiliate information, visit <u>wcdental.org</u>.

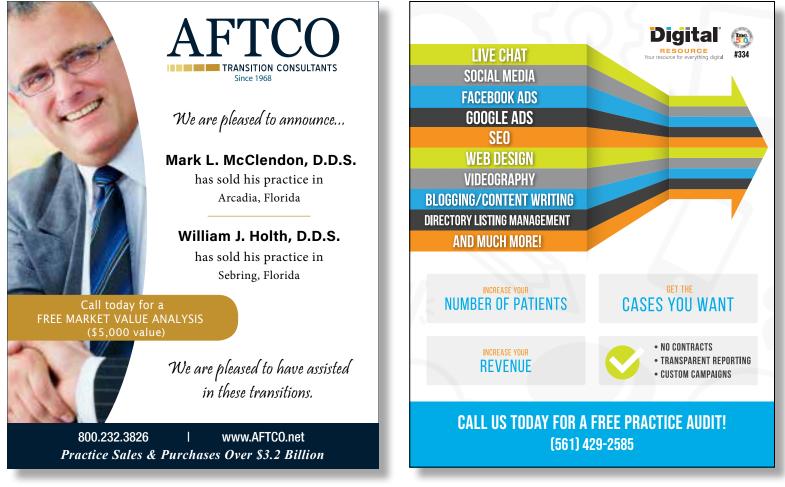
A Piece of Pinellas County Dental History

One hundred and fifty years of Pinellas County (Hillsborough until 1912) Dentistry is now a book "From Rocking Chairs to Robotics" by Jon Wilson, a historical journalist who captures the passion, talent, personalities and determination of a wide variety of dentists. Dentists who forged a primitive reaction to suffering into a noble profession with the highest ethical standards to achieve community oral health. Time has proven that as the mouth is healthy so is the body. Dentists are Medical Specialists and their civic efforts to improve physical health are unequaled in the medical field, which has too long ignored the contribution of dentistry to the science of health.

Hopefully, our new generation of dentists will relish the stories and be inspired by 'the old guard' on our "founding fathers" who sacrificed monetary gain and fame for integrity in being an advocate for their patients in the face of the economic pressures. The book will make you proud you are a dentist, belonging to an unusually gifted association. The battles that have been fought will be fought again to keep commercialism, and industry control at bay while at the same time preventing government intrusion that impairs doctor/patient relationships. The book will equip our grandchildren dentists with the knowledge and fortitude to take dentistry into a desirable intentional future. Our great history should be a sellout. Hope everyone of us will want the pride of our profession on our office bookshelf.

Dr. John Harrison with the spirit of Dr. Chuck Martin.

If you are interested in purchasing a copy, contact the Pinellas County Dental Association at <u>smilepinellas.org</u> or call (727) 342-0374.



In Your Golden Years? Ready For Retirement?

Take the NAP Test...

The West Coast District Dental Association recognizes that many members will be considering retirement or transitioning their practices. To that end, we have developed the Near-end Aptitude Potential (NAP) test. To find out your NAP potential, answer the questions below. If you need the large-print edition of this test, skip it and go straight to "bed."

A.) A Denture Flask is:

1. a pink plastic cup with a hinged lid attached to sneak Jägermeister into Gator gridiron games.

2. a thin, hollowed-out, vacuumed vessel usually with a narrow neck, much like "Twiggy."

3. a heavy, Hanau three-piece bronze thing used two times and now in the corner of a dark dental cabinet next to your P.K. Thomas tools.

B.) P. K. Thomas:

1. is the name of a popular tank engine that hangs out with Henry, Gordon and Sir Toppham Hat.

 2. was a 19th century American showman remembered for his traveling circus and invention of the English muffin.
3. was brother to Seth the clockmaker and designer of flared-tip waxing tools used to flow molten wax and burn scars into the left thumb of the user.

C.) Nuva is a:

1. a contraceptive ring worn by a bride on the "ring" finger of her left hand to discourage marital relations.

2. a cataclysmic nuclear explosion caused by the accretion of hydrogen on the surface of a dwarf star collapsing to form the largest independent university in southeastern Florida.

3. Curing Light unit introduced by Dentsply/Caulk in the 1970's used by "Dr. Goldfinger" to hemi-sect James Bond, as in "No, Mr. Bond... I expect you to die."

D.) A "turn-key" is:

1. the keeper of the keys to a prison, a jailer or the dean of a dental school.

2. Something ready for consumption, especially when bundled with separate but required materials, as in "turnkey and gravy."

3. Primitive yet popular dental extracting device for removing the top half of mandibular molars.

E.) What do the names Weber and Ritter mean to you?

1. Those are the names of an outdoor barbeque grill designed by a famous bowler and that lucky



guy with the "thigh-master" girl on television's "Three's Company."

2. I don't know what they did, but they go with "Andrew Lloyd and Tex."

3. Those are the brand names of the olive-green dental equipment in your office.

F.) What is the number of digits in your Florida Dental License?

1. Six

2. Five

3. Four or less, or back then we just called each other by first name.

G.) A squeeze cloth is:

1. from a popular song, as in, "Momma's got a squeeze cloth, daddy s' gonna sleep tonight."

2. a loose, woven, cotton cloth used in cheese making, such as to press edible cheese curds into something inedible, like tofu.

3. circular, linen cloth to compress dental amalgam into a manageable solid ball to be packed into the end of a mussel-loaded rifle as ammunition.

H.) Minikin:

- 1. are diminutive dress models in store front windows.
- 2. are small relatives of mine in West Virginia.

3. is a pin system to retain restorations and boost radio reception from WMOD in Fort Wayne, IN.

I.) There was a time when your patients would say:

- 1. "My old dentist used to clean my teeth."
- 2. "Why are you putting on gloves?"
- 3. "Where is that spit sink?"

J.) The technique that best describes the first way you placed a Class II composite is:

1. using a disposable compule with a self-etching, self-priming, self-tax paying, multichromatic composite material, overload the entire tooth in a giant blob and have your assistant cure the material with a light from the hallway. Entire process takes 30 seconds.

2. carefully cover every morsel of dentin using a gummy, two-mix calcium hydroxide, wait to dry, place saliva mimicking conditioner on enamel, rinse with sterile water for three minutes, dry with special desiccating dryer, layer in material like a mother mud-dobber wasp ½ mm at a time between one minute cures using a Lucas light saber while staff and patient cower behind an amber face shield.

3. scoop brown base material out of small, plastic jelly jar and hand mix on a paper pad with an equal glob of white catalytic goop. Use a Chinet[®] knife to gently glum the sticky glop into your "toileted" preparation. Handhold the patient, matrix and material absolutely motionless for five minutes until the material is set. At this point the finished restoration will stick to your gloveless finger and fall out. Place gold foil instead.

Add up your score for your NAP number.

Less than ten shows you are a candidate for an invitation to the New Dentist Reception at the West Coast District meeting. Numbers between 10 and 25 indicate the need to take the additional Career Adjustment Test, or CATNAP. Numbers approaching 30 should also consider the Delayed Irreversible Route Test, or DIRTNAP. Numbers above 30 indicate the need for the large-print addition of this test.

So, when to retire? It depends on your age. Interestingly, in a study by the ADA, dentists younger than 40 years of age plan on retiring at 57.8, while dentists 40 and older plan to retire at 64.8. Clearly, there is quite a difference in thinking between the new dentist and those dentists with high NAP numbers. Apparently, at age 40 dentists start enjoying dentistry so much they never wish to retire or (more likely) their debt doesn't allow retirement. Not sure what the plans were of those folks older than 64.8.

When my father retired from dentistry, he spent the majority of his career standing up, hunched over a patient and cuspidor. Working alone, he was a dental army of one. Even when he cast his own crowns in a hand casting sling and used real Novocain in a football inflation needle, he considered it the Golden Age of Dentistry.

Plan early and retire on your own time. So, what if your NAP number is high. But be sure to make the "Golden Years" part of your Golden Age.

Helpful resources pertaining to retirement, closing/selling a dental practice can be found here, floridadental.org/member-center/faq.

Tip of the Tongue Author Hugh Wunderlich, DDS



- 1. Never assume that an email is from whom it says it is from. Email can be and is easily "spoofed." A spoof is an email that looks like it came from someone you likely know.
- 2. Never blindly click links in any email. No matter if it is from someone you know, your bank, Apple, UPS, FedEx or even your system administrator, you can hover over the link and likely see it is not what it seems to be. If you have a question, call the person or use a separate method to communicate with a company to verify before taking any action. Attachments also can be corrupted, so be extremely cautious of those as well.
- 3. Never send information like passwords, your Social Security number, bank information or any other personal data via email. You don't know who sees it on the other end and potentially while in transit. Unencrypted email is easy to access, even without your email being hacked. Suffice it to say, your email can be "overheard" similar to someone standing at your door while you are on the phone.
- 4. Be extremely cautious when using "Reply All" and forwarding email strings. There may be conversations in the thread that others don't need to see or may be proprietary. It also may have unintended consequences for other users who use "Reply All" back and didn't notice all the people on the email.
- 5. Often, email can carry a certain tone even if you didn't mean for it to, so take great consideration before clicking send. It is the same as what you say out loud once it's out there, you can't take it back and in electronic form, it lives forever.



W E S T C O A S T district dental association

> A COMPONENT OF THE AMERICAN & FLORIDA DENTAL ASSOCIATIONS

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Mission: Helping Members Succeed

Values: Service, Commitment, Integrity and Excellence

Culture: The Reliable Resource for Dentists.

The WCDDA Newsletter is published two times a year, in the Fall and the Spring. The Editor of the association and staff organize, print and mail to membership. The position of the editor is elected by the Executive Cabinet and does not have a specified term. The editorial staff holds the right to deny ads submitted for publishing. The newsletter may publish signed articles relating to all phases of dentistry, but assumes no responsibility for opinions expressed by the contributors. Publication in this newsletter does not imply the West Coast District Dental Association endorses any products or services that are advertised. Views, editorials, news columns and/or articles are those of the author's and not necessarily of the editor, staff, or members of the West Coast District Dental Association.

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