

Checkup

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WEST COAST
DISTRICT DENTAL ASSOCIATION

A COMPONENT OF THE
AMERICAN & FLORIDA DENTAL ASSOCIATIONS



**Summer Meeting
Brochure Inside!**

President's Message



Christopher M. Bulnes, DMD

Closing Time

What a great year it has been! Spring is here and summer will be here before too long. The WCDDA has been busy organizing meetings; procuring volunteers and helping our members succeed. I would like to thank all of you who have stepped up to the plate to engage the association and offer your talents to better our profession.

The 2nd annual Florida Mission of Mercy Event took place on April 22-23rd in Jacksonville, FL at the Prime Osborn Convention Center. Planning and implementation for this event has been one of great interest. Some of West Coast members that helped out with the Tampa event in 2014 were appointed as state liaisons and were instrumental in the success of FLA-MOM.

I hope everyone enjoyed the Annual Meeting at the CAMLS facility in Tampa, FL. Our attendance was excellent and the speakers did a great job of providing value to the members who were in attendance. I encourage everyone to come and enjoy our Summer Meeting on August 5-7, 2016 at The Ritz-Carlton in Naples. The program committee has once again put together a fantastic program, featuring our very own Dr. DeWitt Wilkerson. The Summer Meeting is a family oriented event, so please come enjoy the Ritz before our summer comes to an end. Remember to register early as this event typically sells out.

In closing and reflecting on my Presidency, I have learned a great deal. Member concerns and feedback came in from all angles. I had the privilege to meet colleagues from across the West Coast district, engage their concerns and hopefully provide help and insight. I truly can tell you without the great team at the West Coast Central Office none of this can be accomplished. A huge thank you to Lissette, Kelsey and Courtney for answering the numerous phone calls, emails, and texts I have sent and for assisting me to make the best decisions and provide value to our membership. I bid everyone farewell. 🍷

With Purpose,

A handwritten signature in blue ink that reads "Chris Bulnes".

Christopher M. Bulnes, DMD

President, West Coast District Dental Association

INSIDE THIS ISSUE

2016 Annual Meeting Highlights . . .	1
Membership Importance	4/5
Association Business	7
WCDDA Fund.	8
Important Information	9
Mark Your Calendar	16
Mad Fold-In	17

2016 Annual Meeting Highlights

To view more meeting photos, visit <http://wccdapphotoalbums.shutterfly.com/>.



(Right) **Dr. Chris Bulnes** awarded **Dr. Haychell Saraydar** with the "Kintsugi Award" for her service and dedication to the underserved in the community.



(L:R) Peter Naseri, **Dr. Goldie Smith**, **Dr. Hamad Fini**, **Dr. Naresh Kalra**, Morcie Smith, **Dr. Michael Cobbe** and **Dr. Farah Amin-Cobbe**



Past Presidents Breakfast
(L: R) **Drs. Leo Cullinan**, **Fred Grassin**, **Michael Evans**, **Terry Buckenheimer**, **Rudy Liddell**, **Paul Palo** and **JP**



A full and active lecture hall for **Dr. Rhonda Savage**.



(L: R) **Dr. Fred Grassin** and **Dr. Tim Marshall**



New member, **Dr. Daira Avila** being interviewed by Association Studios for a member recruitment video!



Affiliate Roundtable Meeting Attendees
(L: R) **Drs. Terry Buckenheimer**, **Juan Curci**, **Lance Karp**, **Lisa Klein**, **Emanuel Kontos**, **Rita Hurst**, **Melissa Grimaudo**, **Matt Waite**, **Rudy Liddell** and **Heather Adu-Sarkodie**



WCCDA Program Committee
(L: R) **Drs. Steve Krist**, **Melissa Grimaudo, JP**, **Jessica Stilley**, **Steve Perez**, **Pat Lepeak**, **Bob Churney**, **Jeff Scott**, **John Krueger**. (Seated) **Drs. Chris Bulnes** and **Robin Nguyen**



(Right) **Dr. Chris Bulnes** awarded the Lee County Dental Society with the Affiliate of the Year Award, accepted by **Dr. Heather Adu-Sarkodie**.



Dr. Bill Robinson won a 2 night, 3 day stay and 9 hours of CE at The Ritz-Carlton in Naples on August 5-7, 2016!

Congratulations to **Dr. Robert Yu** of St. Petersburg! He is the lucky winner of the \$300 Apple Gift Card from our Annual Meeting Fund Raffle.

Save the Date for the next Annual Meeting on February 3, 2017. See page 16 for more details.

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Dentists' Day on the Hill, a New Member Perspective

As a new member of the Collier County Dental Association Executive Council, I was asked to attend Dentists' Day on the Hill 2016. My initial expectations were minimal. I had never been to Tallahassee, never seen legislators using "Parliamentary Procedure," and had no idea the importance of dentists making their presence felt in the Capitol. As far as I understood, the field of dentistry was currently resistant to the issues physicians deal with, and would likely stay this way for some time with little to no effort.

What I found in Tallahassee was quite different. I was accompanied by Dr. Patricia Primero, another CCDA member willing to take 2 days off of work during the busiest time of year for her first trip to Dentists' Day on The Hill. We were lucky to have the assistance of Joe Anne Hart from the Florida Dental Association. She not only took time to personally explain everything we needed to know about meeting a Representative or Senator, but also about the important issues the FDA needed support. We were lucky enough to tag along with a great, experienced group of dentists from the Orlando area, and eventually felt comfortable enough to branch out on our own and maximize our impact on this trip.

Our time was well-spent discussing issues with Senator Richter, Representative Passidomo and Representative Hudson. We were able to discuss issues with Representative Trujillo's Legislative Assistant, and to drop off some information for Governor Scott. Topics ranged from funding to bring dentists to underserved parts of Florida, to coordinators needed to connect charitable dentists with patients in need, to Fluoridation support, and maintaining educational standards for internationally-trained dentists. To our surprise, we heard consistent feedback from Legislators about the great job Joe Anne Hart and her team have already been doing in Tallahassee. They were already aware of our issues, and understood our position on them. They were happy to support us.

One comment that was repeated by Legislators was that our presence in Tallahassee was the most important element to getting our desired outcomes. I saw this first-hand during subcommittee meetings regarding physicians' scope of practice. If not for the testimony of countless physicians, we may have seen votes to allow unqualified medical techs to perform hair transplant surgeries, or to perform laser hair removal without supervision. This may seem unrelated to dentistry, but it is not. We have our own situation with some Legislators pushing for hygienists to become independent, unsupervised providers. Luckily, the FDA stays on top of this issue on a medical level, and remains ready for when it is proposed in the field of dentistry.

In summary, this was a great trip, made possible by the Dan Bertoch Memorial Grant. Travel from Collier County to Tallahassee is challenging, and the scholarship helped get me through a 2.5 hour drive to Tampa and a flight to the Capitol. There are not many trips worth missing 2 full days of work during our busiest season, but I am happy to say that this trip was. I appreciate all of the work performed by the FDA's political team, and by all of the dentists who take the time to travel to Tallahassee year after year to preserve the field of Dentistry for us all. 🇺🇸

Sean Carr, DDS
Naples, FL



(L:R) Senator Garrett Richter, **Dr. Patricia Primero**, **Dr. Sean Carr**



(L:R) **Drs. Brent Mayer, Gregory Langston, Michael Adams**, Representative Kathleen Peters, **Joe Craig, Reza Iranmanesh, Bob Churney** and **David Whitaker**



WCDDA Member, **Dr. Sean Carr** is the 2016 Dan Bertoch Memorial Grant Recipient. Dr. Dan Bertoch devoted much time to advocacy for the dental profession. It is in his spirit that a Memorial Fund in Dan's name has been established to provide funding for a first-time attendee to Dentists' Day on the Hill in Tallahassee. The grant can be used towards transportation to and from Tallahassee and hotel accommodations. To make a contribution towards the Dan Bertoch Memorial Grant, please contact the WCDDA office at (813) 654-2500 or email lissette@wcdental.org. Plan to attend 2017 DDOH on March 20-21st.

Importance of Membership

fda TOP 5

Solutions for Member Success



LEGISLATIVE ADVOCACY

The Florida Dental Association is a major leader in the health care advocacy arena. The FDA Governmental Affairs Office tracks and analyzes legislation affecting dentistry and health care in Florida.



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The FDA's award-winning journal offers news, commentary, scientific studies and practice management articles. The journal keeps members apprised of association news and the latest advances in the dental profession.



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QUESTIONS ABOUT YOUR MEMBER BENEFITS?

Find more information at www.floridadental.org.
Contact us at membership@floridadental.org or 800.877.9522

- **Protecting the Profession:** Local, state and national lobbying efforts and political representation.
- **Peer Review:** Avoid costly legal fees and malpractice suits by using this free service available only to members. Questions: contact the WCDDA office at (813) 654-2500.
- **Continuing Education and Licensure Requirements:** High quality continuing education courses at a reduced rate. Courses offered by the association are uploaded into CE Broker for you for an easy license renewal.
- **Practice Enhancement:** FDA Services has researched and vetted business solutions so members can take advantage of exclusive deals and discounts through the Crown Savings program. FDASupplies.com offers deeply discounted dental supplies to members only.
- **Practice Management:** Contract analysis service, compliance with HIPAA and Florida privacy law, legal FAQs and answers, ethics hotline, marketing toolkit and the ADA Center for Practice Success are available to members only. Visit success.ada.org
- **Business and Asset Protection:** FDA Services offers a wide range of insurance that is offered at affordable rates to members.
- **Promoting the Profession and Keeping Informed:** Access to all special events, press releases, social media, ADA/FDA/WCDDA publications and referral sources.

These are just a few things tripartite dentistry has to offer. For more information about membership, call (800) 260-5277 or visit www.wcdental.org of www.floridadental.org.

2016 President's Trip



We had a
blast in Napa!

We would like to thank the following attendees for attending the 2016 President's Trip to Napa!

Dr. Michael Adams, Dr. Pamela Adams, Maria Austin, Dr. Mark Avetoom, Kimberly Boyko, Dr. Leonard and Paula Britten, Dr. Chris and Kelsey Bulnes, Kaitlin Capra, Dr. Jaren Catlin, Dr. Deirdre Catlin, Dr. Bob and Ericka Churney, Dr. Tim and Nicole Doerner, Stephanie Duffy, Sherilynn Ferguson-Mazepa, Monica Ferleyko, Dr. Fred Grassin and Melanie May, Janelle Jozwiak, Dr. Kevin and Coleen Kiley, Cindy Koroluk, Dr. Natasha Lee, Dr. Oscar and Denise Menendez, Dr. Paul and Peggy Miller, Dr. Nick Mouyios, Jocelyn Mouyios, Dr. Tim Nawrot, Drs. John and Sharon Paul, Kaylee Pipkee, Renae Robert, Dr. Elizabeth Sharp-Nawrot, Shanna These, Collette Toma, Debbie Uskiw, Dr. Judy Walker, Tracy Zuk and Lissette Zuknick

Membership

New Members

Dr. Anthony Adams, Clearwater
Dr. Pedro Albisu, Cape Coral
Dr. Sandra Aljure-Estrada, Land O Lakes
Dr. Maan AlShoib, Bradenton
Dr. Loriele Alter, Lakewood Ranch
Dr. David Altman, Tampa
Dr. Juan Alvarez, Tampa
Dr. Ahmed Alzubaidi, Lakeland
Dr. Danoosh Amrooei, Tampa
Dr. Leanet Ascunce, Fort Myers
Dr. Patricia Bachmann, Fort Myers
Dr. Tanya Bejarano, Clearwater
Dr. Lars Berk, Brooksville
Dr. Thomas Bevelock, Lakewood Ranch
Dr. Sarina Bhole, Wesley Chapel
Dr. Dianelis Blanco, Naples
Dr. Keith Blessitt, Nokomis
Dr. Carol Bou-Sliman, Palm Harbor
Dr. Ashley Bradley, Clearwater
Dr. Robert Branstrator, Marco Island
Dr. Anne Broderick, Fort Myers
Dr. Clark Browne, St. Petersburg
Dr. Volha Budzinski, Palm Harbor
Dr. LoanAnh Bui, Sarasota
Dr. Victor Bustos, North Port
Dr. Guifang Cai, Port Richey
Dr. David Carlton, Fort Myers
Dr. Juan Castellanos, Cape Coral
Dr. Joseph Castor, Naples
Dr. Christopher Chiamonte, Brandon
Dr. Joseph Coccaro, Dunedin
Dr. Dustin DeDomenico, Odessa
Dr. Javier De La Cruz, Bonita Springs
Dr. Catherine De La Torre, Clearwater
Dr. Jan Delassen, Saint Petersburg
Dr. Thanhphuong Dinh, Bradenton
Dr. Elizabeth Dy, Tampa
Dr. Juan Fabrega, Largo
Dr. Maryam Habibi, Tampa
Dr. Ryan Harris, Fort Myers
Dr. Angela Homoky, Port Charlotte
Dr. Dang Huynh, Tampa
Dr. Melita Islambasic, Tampa
Dr. Bayonne Joseph, Fort Myers
Dr. Priyanka Joshi, New Port Richey
Dr. Frank Kaman, Arcadia
Dr. Saravana Karunagaran, Clearwater
Dr. Jeongyun Kim, Tampa
Dr. Mi Ae Kwon, Zephyrhills
Dr. Konstantine Lagos, Winter Haven
Dr. Andrew Langston, Tampa
Dr. Petra Lee, Brooksville
Dr. Brian Leeson, Tampa
Dr. Pedro Lense, Spring Hill
Dr. Matthew Love, Tampa
Dr. Amy Luce, Saint Petersburg
Dr. Francis Lugo, Tampa
Dr. Aaron Mamo, Cape Coral
Dr. Susana Martinez, Bradenton
Dr. Janis Milne, Riverview
Dr. Ramy Mousa, Dunedin
Dr. Bibek Nakarmi, Palm Harbor
Dr. Luyen Nguyen, Naples
Dr. Rebecca Orsini, Redington Beach
Dr. Lisa Painter, Tampa
Dr. Maria Pardo, Bradenton
Dr. Gustavo Pardo, Labelle
Dr. Amish Patel, Tampa
Dr. Nishith Patel, Bradenton
Dr. Brina Patel, Brandon
Dr. Christina Pepper, Port Charlotte
Dr. Jose Peralta, Dade City
Dr. Diane Piper-Hilton, Saint Petersburg
Dr. Eduard Pocola, Zephyrhills
Dr. Mary Prendiville, Tampa
Dr. Robert Reaves, St. Petersburg
Dr. Ryan Ricafort, Tampa
Dr. Amanda Rizner, Sarasota
Dr. Hector Rodriguez, Largo
Dr. Manuel Rodriguez, Fort Myers
Dr. Ruth Rojas, Bradenton
Dr. Jose Roque, Bradenton
Dr. Sri Kanthi Saladi, Tampa
Dr. Ahmed Saleh Kiwan, Port Charlotte
Dr. Michael Sampson, New Port Richey
Dr. Sue Schlissel, Sarasota
Dr. Grady Scott, Tampa
Dr. Christopher Shannon, Davenport
Dr. Mujib Shuayb, Brooksville
Dr. Omar Shuayb, Brooksville
Dr. Melissa Smiley, Tampa
Dr. Eric Stevens, Bonita Springs
Dr. Preddis Sullivan, Clearwater
Dr. Kenan Tarabishy, Brandon
Dr. Mine Turhan, Bradenton
Dr. Ximena Velasquez Pierce, Bonita Springs
Dr. Alexandra Zabala, Bonita Springs

In Memoriam

We are deeply saddened by the death of our colleagues.

George Cajoleas, DMD of Bradenton, May 25, 2015 | **W. Frank Evans, DDS** of Sarasota, December 18, 2014
Gaylord Huenefeld, DDS of Cape Coral, August 24, 2011 | **D. Murchison, DDS** of Winter Haven, October 1, 2015
Marvin Reddick, DDS of Lake Wales, October 31, 2010 | **Paul Schmidt, DMD** of Venice, November 22, 2014
William Thompson, DDS of Bradenton, November 24, 2015 | **David A. Zabrocki, DDS** of Safety Harbor, March 10, 2016

A contribution has been made to the West Coast Fund in their memory. If you would like to make a contribution, please make your check payable to the Florida Dental Health Foundation, indicate WCDDA Fund in the memo and mail to: Florida Dental Association, Attn: Foundation, 1111 East Tennessee Street. Tallahassee, Florida, 32308-6914.

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Association Business - Official Calls

The WCDDA will hold an Executive Cabinet meeting Friday, May 13, 2016 at 1:00 p.m. at the WCDDA central office in Brandon.

There will be a caucus of the West Coast District Dental Association's Delegation on Tuesday, June 14, 2016 at 6:00 p.m. via conference call. There will be twelve sites throughout the West Coast district.

The West Coast District Dental Association will hold a breakfast caucus in conjunction with the Florida Dental Association's House of Delegates meeting Saturday, June 18, 2016 at 7:00 a.m. at the Gaylord Palms, Orlando

On Friday, August 5, 2016, a Peer Review Workshop will be conducted in conjunction with the West Coast District Dental Association's Summer Meeting at The Ritz-Carlton, Naples Beach Resort from 12:00 p.m. – 2:00 p.m. This workshop serves as both a training session for new committee/panel members as well as educating veteran members on the latest issues impacting this membership program. Any members serving or planning to serve on Peer Review or Ethics committees/panels are encouraged to participate. The workshop is open to any member dentist that wishes to attend. Graham Nicol, Esq. will be the speaker and continuing education credits will be awarded. 🇺🇸

Dr. Craig Oldham
WCDDA Secretary

You're Invited

2016-2017

*West Coast District Dental Association's
Officer Installation*

Saturday, August 6, 2016

5:30 p.m.

The Ritz-Carlton, Naples

*In conjunction with the
West Coast District Dental Association's
2016 Summer Meeting*

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WCDDA Fund Report & Donation Request



The WCDDA Fund supports access to care events and clinics, accredited dental programs and dental health education in thirteen counties. By supporting local events and education, the association is able to impact various important missions and the support of the profession. Over \$4,000 was awarded to the following grant, scholarship and table clinic award recipients!

2015 Grant Recipients:

Tampa Metropolitan Area YMCA, Crescent Community Clinic
Today's Blessings Ministry, Inc.

2015 Dental Hygiene/Assistant Scholarship Recipients:

Daylin Tapanes - Florida Southwestern State College
Katelyn Brissette - Florida Southwestern College
Ruth Madera - Hillsborough Community College
Ruta Dzyadyk - St. Petersburg College

2016 Annual Meeting Table Clinic Winners:

1st Kristina Koay - "Non Verbal Communication in Dentistry"
2nd Adriana Bracho - "The Potential of Stem Cell Research in Dental Health"
3rd Shelby LaLonde - "Oral Microbe Induction of Systemic Diseases"

Winners are from Hillsborough Community College, Dental Assisting program.

For questions regarding the WCDDA Fund, contact the WCDDA Office at (813) 654-2500 or email: wc.dental@gte.net

WCDDA Fund Raffle

The WCDDA Fund Committee needs your help in growing our Fund! Our next fundraiser will be a raffle of various items held in conjunction with the WCDDA Summer Meeting on August 5-7, 2016 at The Ritz-Carlton, Naples. If you would like to donate an item(s) – here's how:

- Any dental office, group, individual, dental program or company may submit an item(s) to be raffled.
- Notification of items to be donated must be received by the WCDDA office by July 25th.
- If an item(s) will be transported to The Ritz-Carlton by the WCDDA, items must be submitted to the WCDDA office by July 31st.

Raffle tickets will be sold at the WCDDA Summer Meeting; raffle tickets start at \$5.00.

If you are not able to donate an item or attend the Summer Meeting to support the Fund, that is okay. You can donate directly to the Fund to support dental health education and prevention of dental diseases, access to care programs, scholarships and disaster relief.

Questions...Contact the WCDDA office at (813) 654-2500 kelsey@wcdental.org.

Scholarship Recipient, Florida Southwestern Student



Dear West Coast Dental Association:

I would like to take this opportunity and thank you for considering my application. I am honored to be a recipient of this scholarship, which will help me to achieve my dream of becoming a dental hygienist. Also, for acknowledging my academic achievement and hard-work.

I am currently on my last semester at the Florida Southwestern Dental Hygiene Program. I would like to practice in Naples, where I currently live. I would love to get a job where I can help my community, especially people with low socioeconomic status that cannot afford dental hygiene care.

Receiving this scholarship has motivated me to maintain my GPA and complete the Dental Hygiene Program with good grades. It has also lightened my financial burden and allowed me to focus more on school. I look forward to being able to give back to the community once I graduate and start working as a dental hygienist. Once again, thank you for acknowledging my hard work and dedication towards my career. Thank you for helping me achieve my dream.


Sincerely,
Daylin Alonso-Tapanes

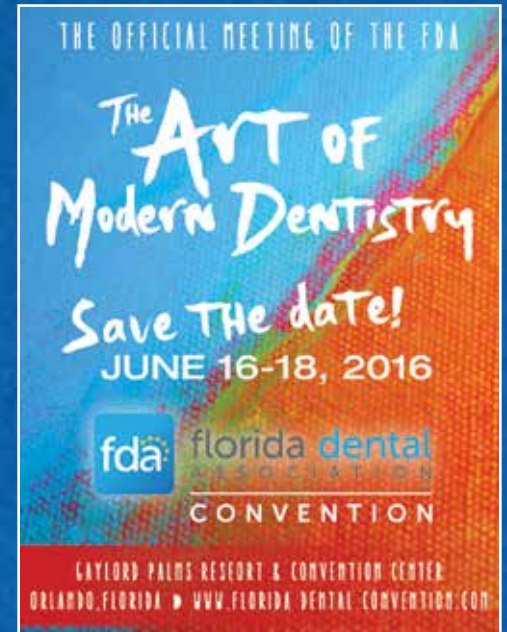
Important Information

CMS Delays Medicare Enforcement until Feb. 2017: The federal government once again delayed the deadline for dentists who prescribe Part D covered drugs to Medicare beneficiaries to enroll in the program or opt out. Dentists now have until Feb. 1, 2017, to take action; otherwise Part D prescription drug claims for Medicare eligible patients will not be covered. If dentists want Part D plans to continue covering drugs prescribed for their Medicare patients, they must either enroll as an ordering/referring provider by filling out form 855O or enroll as a Medicare provider through form 855I. Otherwise, they must opt out of the program. CMS encourages health care providers to submit their Medicare enrollment applications or opt-out affidavits to their Medicare administrative contractors before Aug. 1 to allow time for processing. It's the fourth time CMS has delayed the deadline. Read more by visiting, <http://www.ada.org/en/publications/ada-news/ada-news-archive>.

CDC Guidelines Update:

Summary of Infection Prevention Practices for Dental Settings

Centers for Disease Control and Prevention (CDC) held a webinar on its new resources on infection control in dental settings. The CDC released a new document to supplement its 2003 guidelines, titled, *Summary of Infection Prevention Practices for Dental Settings: Basic Expectation for Safe Care*. The document combines recommendations from the 2003 guidelines with additional CDC recommendations published since 2003. The new document is not a replacement for the 2003 recommendations, but rather provides handy checklists and helpful tools to help dental health care professionals. For additional resources on infection control, visit <http://www.ada.org/en/member-center/oral-healthtopics/infection-control-resources>. There is also an Infection Control toolkit available on ADAConnect.org. 



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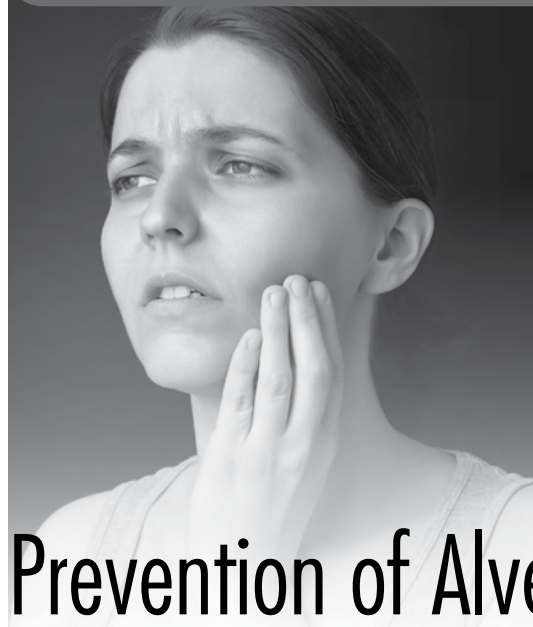
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New York State Dental Journal, January 2016
New York State Dental Journal.

Prevention of Alveolar Osteitis

A Case Report and Review of Literature

Gabriela Jude Fernandes, B.D.S., M.S.; Michael N. Hatton, D.D.S., M.S.

ABSTRACT

Alveolar osteitis (aka, “dry socket”) is a frustrating complication of exodontia, especially in the posterior mandible. We describe a novel technique for its possible prevention. The method involves administration of doxycycline dispersed in a local anesthetic solution, along with the use of a Gelfoam carrier. The senior author has used this technique as a routine element of care for several decades without complication.

Alveolar osteitis, also known as “dry socket,” is a painful condition following the extraction of a tooth.¹⁻⁶ The etiology of alveolar osteitis is attributed to loss of the post-procedure blood clot.⁷⁻⁹ Purported explanations involve bacterial breakdown of the clot and endogenous fibrinolysis.⁹ Oral contraceptive use, smoking, surgical extractions, female gender and pre-procedure infection involving the tooth being extracted may also be considered as causative.^{10,11}

Mandibular post-extraction sockets in the posterior regions have demonstrated a higher incidence of dry socket, as compared to their maxillary counterparts.¹²⁻¹⁴ Several studies have demonstrated a high incidence of this condition in cigarette smokers, which may be related to non-compliance of oral hygiene instructions (“do not smoke”), and an undesirable interaction of tobacco products with oral tissues, thus triggering a foreign body reaction.¹⁴⁻¹⁶ Negative pressure while smoking may lead to mechanical dislodgment of the clot from the socket.¹⁷⁻²¹ Several

methods have been described for prevention of dry socket, but very few seem to have been widely accepted in dental practice.

The aim of this case report is to discuss a novel, cost-effective and successful technique in the prevention of alveolar osteitis. We will describe topical administration of doxycycline, dissolved in a local anesthetic vehicle and incorporated into an absorbable gelatin sponge as a scaffold. The carrier and medicament are then placed into fresh post-extraction sockets, compressed and sutured.

Preparation of the Material

A 7 mm x 7 mm absorbable gelatin sponge (Gelfoam) was used in all patients described in this report (Figure 1). A capsule of doxycycline hydrochloride (100 mg) was placed into a small sterile petri dish (Figure 2). Approximately 3 ml of 1:100,000 xylocaine with (2% epinephrine) was used to dissolve the doxycycline into the Gelfoam, thus forming a slurry (Figures 3,4).

Case History

A 44-year-old male patient presented to the periodontology clinic at the School of Dental Medicine at Buffalo, NY. It was determined that his diagnosis was “aggressive periodontitis.” The treatment plan involved extraction of several teeth. The patient had been a heavy smoker for the last 37 years and currently smokes two packs a day. After several counseling episodes of smoking cessation, the patient finally reduced the number of cigarettes smoked to six a day (self-reported by the patient). The remainder of his medical history was non-contributory.



Figure 1. Gelfoam carrier.



Figure 2. Doxycycline hydrochloride.



Figure 3. 2% xylocaine 1:100,000 local anesthetic.



Figure 4. 2% xylocaine (1:100,000 epinephrine) and doxycycline hydrochloride slurry.



Figure 5. Extraction of tooth #31.



Figure 6. Gelfoam carrier in-situ.



Figure 7. Post-suture placement.



Figure 8. Seven-day follow-up shows primary closure achieved and healing.

Procedure

Written and oral informed consent was obtained from the patient for extraction of tooth # 31. Vital signs were documented. A right inferior alveolar nerve block was administered using lidocaine 1:100,000 (2% epinephrine). The tooth was extracted using a forceps technique. A doxycycline/local anesthetic soaked Gelfoam sponge was placed into the apical portion of the socket. A 3-0 chromic gut suture was placed over the socket in a "figure of 8" pattern (Figure 7). Postoperative instructions were provided orally and in writing to the patient. Given the patient's smoking history, we hypothesized that postoperative dry socket was a likely occurrence.

Results

The patient was contacted on the evening of surgery and the day after surgery to determine his postoperative status. No pain or discomfort was reported. The patient mentioned that he was able to carry out his routine activities. The patient was also followed up, in person, a week after the procedure. He self-reported that during the time from extraction to the time of follow-up, he smoked approximately 10 cigarettes a day. The extraction site did not display any evidence of erythema or other inflammatory signs. There was almost a 70% approximation of the buccal and lingual flap over the socket (Figure 8).

Discussion

Alveolar osteitis has long been the nemesis of dentists who extract teeth. A dry socket involves severe pain, malodor and possible trismus. It is often treated by standard methods, like irrigation, placement of an anodine dressing and analgesics. However, oral analgesics alone may fail to alleviate the symptoms of dry socket, which can leave a patient in an agonizing state of pain and dysfunction.^{11,23,24} There is often frustration on the part of the patient, and dentist, during this difficult postoperative phase of healing.

Several studies have demonstrated the association between cigarette smoking and an increased incidence of dry socket. And smoking has been recognized as a dose-dependent risk factor.²⁵ This mechanism may be the result of foreign body reaction from tobacco products.¹⁶ Post-extraction cigarette smoking may also mechanically dislodge a blood clot from the socket. In addition, cigarette smoking reduces neo-vascularization.²⁶ Smoking also interferes with the activity of the leukocytes, which are a key participant in wound healing.^{16,25,30}

Tetracycline is a broad-spectrum polyketide antibiotic that possesses bacteriostatic activity against almost all aerobic and anaerobic bacterial genera, both Gram-positive and Gram-negative.

Polyketides are complex organic products of living organisms that are often biologically active. *Pseudomonas aeruginosa* and *Proteus* species usually have intrinsic resistance to tetracyclines.³¹⁻³³ Tetracyclines are also administered in the treatment of inflammatory diseases, such as acne vulgaris, rosacea, bullous dermatoses, granulomatous diseases and livedo vasculitis.^{34,35}

The anti-inflammatory effect of tetracyclines, at low antibiotic concentrations, can reduce production of neutrophil chemoattractants, such as peptide chemotactic factor and lipase.^{35,36} Tetracyclines also inhibit chemotactic activity of neutrophils by chelating intracellular calcium and, thus, prevent the assembly of the microtubules. This action subsequently affects cell movement of leukocytes. Tetracyclines also inhibit matrix metalloproteins, protein kinase C (an enzyme related in signal transmission for inflammation) and granuloma formation.³⁸ This key attribute is likely the mechanism in prevention of dry socket occurrence. Doxycycline is a form of tetracycline that has been widely used in dentistry for co-management of periodontal conditions. Literature reports document use of tetracycline in the prevention of alveolar osteitis in 1948, when tetracycline was used as a bacteriostatic agent in postoperative extraction sites.³⁹

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Many studies have employed the intra-alveolar use of antibiotics, steroids and hemostatic agents in the prevention of dry socket.⁴⁰⁻⁴³ However, no standard of care has been adopted by our profession for post-extraction prevention of dry socket. Tooth-related infections have been shown to predispose to the development of alveolar osteitis.⁴⁴ Bacteria that are commonly involved are *Antinomies viscous*, *Streptococcus mutans* and *Treponema denticola*. These bacterial types are associated with delayed healing of extraction sites, high plasmin-like fibrinolytic activities and indirect activators of fibrinolysis.⁴⁵ Doxycycline has a variable antimicrobial effect on the growth of these microorganisms.

Systemic use of doxycycline has risks for the dental patient. Sensitization to the drug can result from repeated administration.³⁷ In addition, doxycycline has a product warning that it may cause esophageal ulceration. By contrast, topically administered doxycycline is not likely to cause sensitization compared to systemic delivery. The advantage of our procedure lies in the fact that the drug is being administered only once and not at repeated dosing intervals.⁴⁶⁻⁵⁰ The average cost of a single capsule of doxycycline is low and economical for single-dose administration.

As for the incorporation of the local anesthetic with the vasoconstrictor epinephrine, a question involving the use of the vasoconstrictor leading to the malformation of blood clot might arise. Studies have suggested a higher incidence of dry sockets with the administration of infiltration anesthesia, because the temporary ischemia leads to poor blood supply.⁵¹ However, the ischemia is relative, lasting only one to two hours. It is then followed by reactive hyperemia, which makes it irrelevant in the disintegration of the blood clot. It is currently accepted that local ischemia due to a vasoconstrictor in local anesthesia has no role in the development of alveolar osteitis.⁵² We use local anesthesia as a diluent, as it enables several hours of postoperative pain control. The epinephrine provides for local hemostasis.

The gelatin sponge (Gelfoam), an effective and economical clot stabilization material, is purified porcine skin gelatin. It helps to accommodate the doxycycline, which, without the sponge, would simply slough from the socket.⁵³⁻⁵⁷ The major benefit of using this material is that it is completely absorbable and doesn't need to be removed. It easily resorbs into the surrounding tissues. The material size is small enough for single patient use; and there is little waste of excess material. It is also easy to manipulate and conform to post-extraction sockets. Additionally, the Gelfoam sponge is relatively inexpensive, which makes the procedure economical for routine use.

Future Directions

The limitations of this study are that it involves the extraction of a single tooth and just one experimental site with no control site. The study can be improved by using a large number of patients,

with control and experimental sites, to test the ultimate scientific success of this method. Standard dosing of the slurry, with a fixed concentration of doxycycline/sponge, can also be tested to better define universal dosing. Currently we use one capsule of doxycycline (100 mg) per two Gelfoam sponges. The senior author has employed this technique for more than 26 years in his oral and maxillofacial surgery practice, and with great success in the prevention of alveolar osteitis.

As an example, more than 2,000 mandibular posterior teeth were extracted under the guidance of the senior author in the past three years. Alveolar osteitis is more commonly observed in the mandibular posterior regions among smokers and in females. Not a single case of alveolar osteitis was observed in any patient. Many of these patients were indeed active smokers and female. While not a rigorous scientific observation, our simple finding of no dry socket cases lends weight to the successful use of our technique in a high-volume ambulatory dental setting.

Conclusion

Doxycycline/local anesthetic/Gelfoam sponge seems to be an effective technique in the prevention of dry sockets. However, more strategically designed studies are required to warrant widespread use of this technique before it can be regarded as a standard of care. //

Queries about this article can be sent to Dr. Hatton at hatton@buffalo.edu.

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Legal Questions

How to Fight Fraud in Your Dental Office

As a new dentist, there are plenty of issues to worry about. But one is a thing you might not expect. Fraud.

"I've never thought much about it," said Dr. Andrea Fallon, a new dentist who is a partner in a practice in a suburb of Springfield, Massachusetts.

But it took an instance shortly after she started practicing when she realized the reality. Dr. Fallon was an associate when a dental assistant at her practice was fired after the head dentist learned that the assistant had been daily padding her hours on her time sheet.

"To be honest, I am quite a trusting person," Dr. Fallon said. "So it was really hard for me to believe that someone would do it. When it did happen, although I was not an owner of the practice, I was involved, and it infuriated me. This one instance has caused me to be a little more diligent in keeping track of things."

As a dentist, it is natural that you want to focus on dentistry, rather than managing the day-to-day financial details. You would prefer to leave these duties to your staff. But it is important to always pay close attention to the business side of your practice. Smart hiring practices can help to minimize the possibility for fraud. The ADA, in its manual "Protecting Your Dental Office From Fraud and Embezzlement," recommends the following be considered once your staff is in place.

- **Separate duties** to that no one person handles both patient payments and bank deposits. If possible, have the dentist make all bank deposits.
- **Do daily audits** by looking at every check, explanation of benefits and patient visit. Review every posted transaction on the day sheet. Run a check register daily and compare it to the daily deposit slip.
- **Set** a good example.
- **Create** a climate of accountability.
- **Prosecute if you are defrauded.** Prevent this person from moving onto another office.
- **Listen carefully** to patient complaints.

"If your staff feels appreciated and rewarded for good work, they won't want to take from your practice," Dr. Fallon said. "Keep them happy, because if they are happy you will be too – with a lot less stress. I guess it all boils down to whom you hire, so make sure that every person on the team is pulling in the same direction. Set goals with rewards for your team to keep them engaged and feeling like if the practice thrives, they thrive too."

To order the free-for-members manual "Protecting Your Dental Office From Fraud and Embezzlement," visit ebusiness.ADA.org and type "avoiding fraud" in the search engine.

This article was originally published in the March 2016 edition of the ADA New Dentist News.

1 WHAT ARE THE MOST FREQUENT/MOST SERIOUS DISCIPLINARY VIOLATIONS?

Practicing below the standard of care is number one. Failing to maintain adequate patient records is the second most frequent violation. It is mandatory that the board suspend or revoke your license for improper delegation and felonies under Chapter 409 (Medicaid fraud), Chapter 817 (fraudulent practices) or Chapter 893, F.S., (drug abuse prevention and control).

2 WHAT IS THE STANDARD OF CARE?

It is what would pass as acceptable treatment among your peers. It is not perfection, but if you fall below what a reasonable doctor would have done in the same situation, you may be liable for malpractice and disciplined. Board of Dentistry rules and Florida legislation also set forth minimum standards of care (e.g., failing to have an automatic external defibrillator in your office or not properly reporting "adverse occurrences").

3 WHAT SHOULD I KNOW ABOUT PATIENT RECORDS?

A dentist must maintain written dental records for at least four years from the date the patient was last examined or treated. Usually, these dates coincide but not always (e.g. missed appointment and emergencies). Dental records include your day-to-day patient appointments. But, note that seven years is typically the statute of repose on malpractice liability, **so keep them at least that long.** Also, note that participating provider agreements and hospital privileges may contractually require longer retention periods.

If you decide to destroy records of patients who are no longer active, you should refer to your written policy on records retention and management. You may destroy old records in any manner that protects patient confidentiality. If you hire a shredding company, please remember to have them sign a Business Associate agreement. Don't throw them away in the garbage or a dumpster that is publicly accessible.

When a patient asks for records, you must provide copies of all reports and records including X-rays in a timely manner, with due regard for the patient's health needs.

4 WHAT SHOULD I KNOW ABOUT "PATIENT ABANDONMENT" AND TERMINATING THE DOCTOR/PATIENT RELATIONSHIP?

Improperly terminating the doctor/patient relationship is commonly known as "patient abandonment." If the patient suffers harm because of how you or your employees terminated the relationship, you may be held liable. Make it your written office policy to send patients leaving your practice a written notice or confirmation that your office is no longer treating them as a patient of record.

Don't make the letter effective "immediately." Immediate termination doesn't give the patient enough time to locate another doctor. Please remember that you remain legally and ethically responsible for providing emergency care. Don't deny it to them by a poorly-worded notification letter that might be admissible as evidence against you.

5 WHO DO I CALL IF I SEE UNLICENSED PRACTICE OF DENTISTRY OCCURRING?


Call the Unlicensed Activity Unit (ULA) hotline of the Department of Health at 1-877-HALT-ULA (1.877.425.8852) or visit their website (floridahealth.gov/licensing-and-regulation/enforcement/report-unlicensed-activity). Unlicensed practice is a felony in Florida and should be reported immediately.

These legal questions and answers are provided by Graham Nicol Esq., FDA Chief Legal Counsel, Health Care Risk Manager, and Florida Bar Association Board Certified Specialist in Health Law.

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 WCDDA New Dentist Comm. Mtg., WCDDA Office. . . May 13, 2016
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WCDDA Summer Meeting, Naples. August 5 - 7, 2016
 ADA New Dentist Conference, Denver, CO. October 20-24, 2016

America's Dental Meeting, Denver, CO October 20-24, 2016
WCDDA Annual Meeting, CAMLS, Tampa February 3, 2017
 Dentists' Day on the Hill, Tallahassee. March 20-21, 2017
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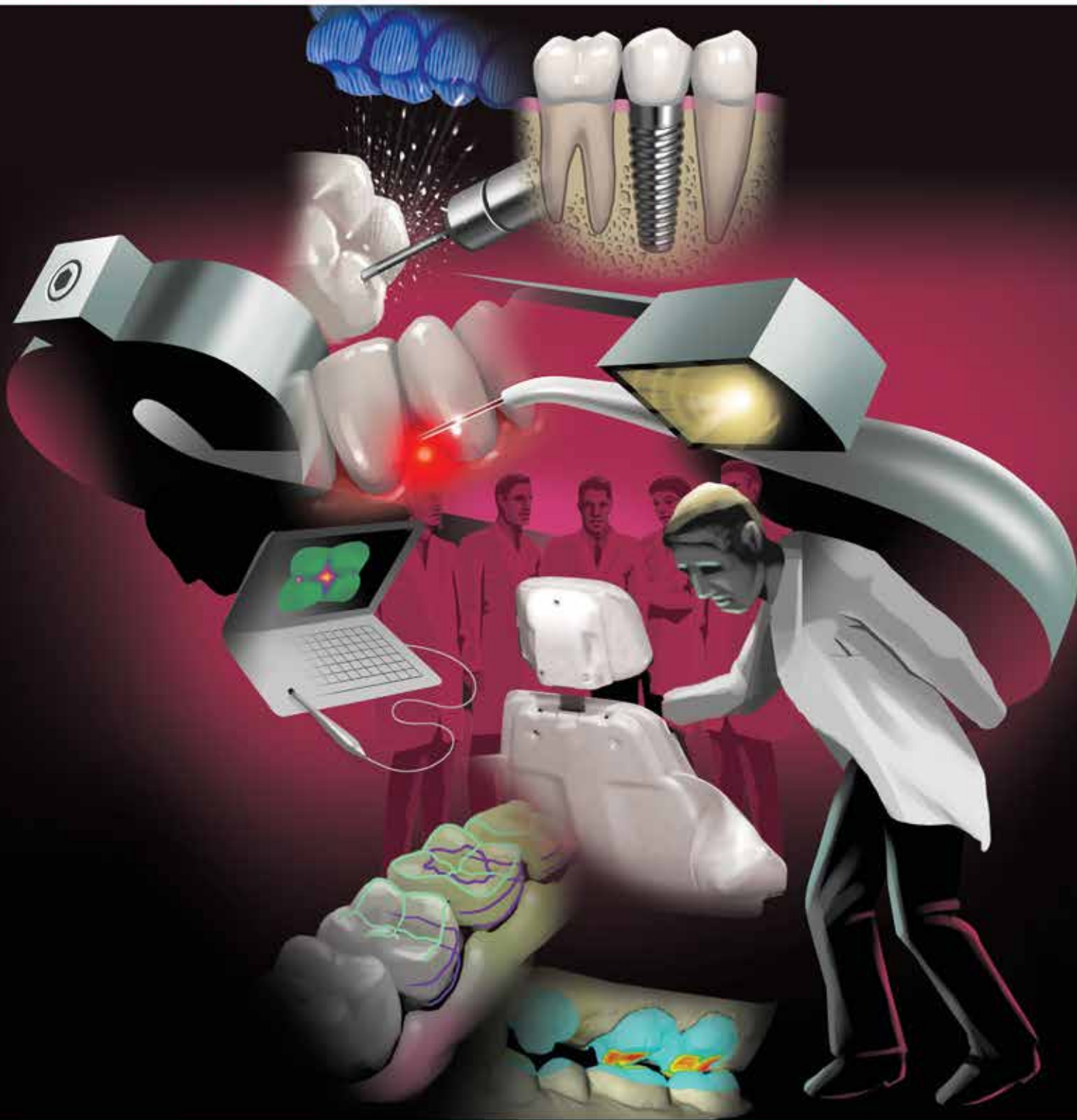


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Registration and Exhibits 7:30 a.m. - 12:00 p.m.

Golf (Location TBD) 9:00 a.m. Shotgun
Fee includes: greens fee, cart, lunch and awards.

Integrative Dental Medicine/ The Complete Health Dental
Practice (1st session)
3 CE Credits 8:00 a.m. - 11:30 a.m.
Dr. DeWitt Wilkerson

Peer Review Workshop
2 CE Credits 12:00 p.m. - 2:00 p.m.
Graham Nicol, Esq.

Cigars and Cordials 9:00 p.m.
Come join fellow aficionados at our annual Cigars and Cordials event.
(Cigars and cordials are at your own expense)

Saturday, August 6th

5k Fun Run (Free Event) 7:00 a.m.

Registration and Exhibits 7:30 a.m. - 12:00 p.m.

Integrative Dental Medicine/ The Complete Health Dental
Practice (2nd session)
3 CE Credits 8:00 a.m. - 11:30 a.m.
Dr. DeWitt Wilkerson

Photo Scavenger Hunt 11:00 a.m.
Family fun for all ages! All you'll need is a camera and the ability to post
to Facebook. Complete instructions will be provided upon
check-in. Ready, set, say cheese...

WCDDA Officer Installation 5:00 p.m.

Beer, Wine & Cheese Reception 5:30 p.m. - 7:00 p.m.

**Attention
Cyclists!**

No drop ride on Friday & Sunday.
Departing from The Ritz-Carlton at
7:00 a.m., returning prior to CE.
All levels welcome!

Sunday, August 7th

Cycling: No drop ride, all levels welcome 7:00 a.m.

Registration and Exhibits 7:30 a.m. - 12:00 p.m.

Nutrition and Inflammation
3 CE Credits 8:00 a.m. - 11:30 a.m.
Dr. David Seaman

Location

The Ritz-Carlton, Naples is located at 280 Vanderbilt Beach Road,
Naples, FL 34108. Maps can be found online at
<http://www.ritzcarlton.com/en/Properties/Naples/>.

Hotel Reservations and Meeting Registration

Reservations can be made online by visiting www.wcdental.org or by
contacting The Ritz-Carlton, Naples at (239) 598-3300. Request the
**West Coast District Dental Association room block rate of \$199.00
per night.** Club level rooms can be secured through the WCDDA office
at (813) 654-2500. **Individuals not registered for the meeting will
be charged the hotel rate instead of the group rate upon checkout.**
CE fees after July 22nd increase by \$20.00 per registrant. Pre-registered
dentists receive a WCDDA amenity. Refund and Cancellation Policy:
All requests for refunds or cancellations must be made in writing to
the WCDDA prior to the pre-registration deadline of July 22, 2016. A
cancellation/processing fee of 15% will be charged. No refunds will be
given if cancellation is received after the pre-registration deadline. No
refunds will be given on site.

Questions concerning reservations should be addressed with The
Ritz-Carlton, Naples (239) 598-3300. Questions concerning meeting
registration should be addressed with the WCDDA office (813) 654-2500.

Leisure Reservations

For spa, golf, dinner within the hotel, pool and beach cabana reservations
please call (239) 514-6001.

Support the WCDDA Fund

Make a donation to support the WCDDA Fund for your chance to win a
variety of items that will be raffled throughout the meeting. A complete
list of items will be featured in the onsite program. Raffle tickets start at
\$5.00. You do not have to be present to win. **You may purchase tickets on
the enclosed registration form or online.**

The WCDDA Fund supports local dental health education,
access to care projects, careers in dentistry and disaster relief.

Sneek Peek...



ADA C.E.R.P.® | Continuing Education
Recognition Program

WCDDA is an ADA CERP Recognized Provider.
ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers
of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it
imply acceptance of credit hours by boards of dentistry.

COURSE DESCRIPTIONS

Friday, August 5th

Integrative Dental Medicine/ The Complete Health Dental Practice (1st session)

Dr. DeWitt Wilkerson

8:00 a.m. – 11:30 a.m., 3 CEUs

Dentistry and whole health go together. The oral/whole body connection, sleep apnea, nutrition, physical activity, and stress all affect the whole body. A wellness revolution is spreading around the country. We will discuss the critical role of dentistry in the future of the health of both our patients and nation. This very dynamic topic will also provide a new model that can elevate your dental practice to a whole new level.

Peer Review Workshop

Graham Nicol, Esq.

12:00 p.m. – 2:00 p.m., 2 CEUs

This workshop serves as both a training session for new committee/panel members as well as educating veteran members on the latest issues impacting this membership program. Any members serving or planning to serve on Peer Review or Ethics committees/panels are encouraged to participate. The workshop is open to any member dentist that wishes to attend.

Saturday, August 6th

Integrative Dental Medicine/ The Complete Health Dental Practice

(2nd session, continuation of Friday's Lecture)

Dr. DeWitt Wilkerson

8:00 a.m. – 11:30 a.m., 3 CEUs

Sunday, August 7th

Nutrition and Inflammation

Dr. David Seaman

8:00 a.m. – 11:30 a.m., 3 CEUs

This class will outline the acute and chronic effects that diet has on inflammatory signaling. Acute effects often go unnoticed until chronic inflammation has been established. The outcome of chronic inflammation can be chronic pain, dental disease, and systemic disease. Pro-inflammatory versus anti-inflammatory foods will be described as well as anti-inflammatory nutritional supplements. A conceptual model to motivate patient change and compliance will also be presented.

Speaker Biographies

Dr. DeWitt Wilkerson was a 1982 graduate of the University of Florida College of Dentistry, the year he joined the Dawson group practice in St. Petersburg, Florida. Dr. Wilkerson is a senior lecturer at the Dawson Academy. He is a Fellow in the American College of Dentists, Past President of the American Equilibration Society, and President-Elect of the American Academy for Oral-Systemic Health. He is an active member of the American Academy of Restorative Dentistry, and numerous other professional organizations. He serves as an adjunct professor in the Graduate Program, University of Florida College of Dentistry. He has served as an Associate Faculty Member and Special Lecturer at the L.D. Pankey Institute. Dr. Wilkerson lectures both nationally and internationally on the subjects of Restorative Dentistry, Dental Occlusion, TMJ Disorders, Dental Sleep Medicine, and Oral Medicine.



Dr. David Seaman is a graduate of New York Chiropractic College. He received his MS in Nutrition from the University of Bridgeport. He is currently a Professor of Clinical Sciences in the chiropractic medicine program at National University of Health Sciences, where he teaches nutritional biochemistry, clinical nutritional and management of the musculoskeletal system.

Dr. Seaman has authored numerous articles and book chapters about the relationship among nutrition, inflammation and pain. His latest book is for the general public and is entitled *The DeFlame Diet*.



Mr. Graham Nicol is the Florida Dental Association's Chief Legal Counsel; he is a Health Care Risk Manager and a Board Certified Specialist in Health Law.



Register On-Line @ wcdental.org

2017

ANNUAL MEETING

CAMLS, Downtown Tampa
February 3, 2017

Dr. John Burgess, Dental Materials &
Current Restorative Techniques
Dr. John Kalmar, TBD

Visit www.wcdental.org
for additional information.

The WCDDA Fund
Committee needs your
help in growing our
WC FUND!



Our next fundraiser will be a raffle of various items held in conjunction with the WCDDA Summer Meeting on August 5-7, 2016 at The Ritz-Carlton, Naples.

Raffle tickets will be sold at the WCDDA Summer meeting; prices start at \$5.00. If you are not able to donate an item or attend the Summer Meeting to support the Fund, that is okay. You can donate directly to the Fund to support dental health education and prevention of dental diseases, access to care programs, scholarship and disaster relief.

**If you would like to donate an item(s) or have questions...
Contact the WCDDA office at (813) 654-2500
Kelsey@wcdental.org**

**West Coast District Dental Association
Annual Summer Meeting - Registration Form
August 5-7, 2016**



Please Print Clearly
Name of Registering Dentist: _____ Phone: _____

Address: _____ City: _____ State: _____ Zip: _____

Email: _____ ADA #: _____ License #: _____

Staff Name: _____ Staff Name: _____ Staff Name: _____

CE Fees	<input type="checkbox"/> MEMBER \$250.00 (WCDDA, FDA, ADA)	<input type="checkbox"/> NON-MEMBER \$390.00	
All Inclusive:	<input type="checkbox"/> RETIRED MEMBERS \$50.00	<input type="checkbox"/> STAFF \$50.00	<input type="checkbox"/> RESIDENT FREE

Friday, August 5th
.....

7:00 a.m. Cycling (All levels welcome) Free No. of riders _____

8:00 a.m. Integrative Dental Medicine/The Complete Health
Dental Practice (1st Session) No. of attendees _____

9:00 a.m. Golf (Location TBD). \$125.00/Player No. of players _____ x \$125.00 = \$_____

Golfer(s) & Handicap: _____

12:00 p.m. Peer Review Workshop No. of attendees _____

9:00 p.m. Cigars & Cordials. At your own expense No. of attendees _____

Saturday, August 6th
.....

7:00 a.m. Fun Run. Free No. of runners _____

8:00 a.m. Integrative Dental Medicine (2nd Session) No. of attendees _____

11:00 a.m. Family Photo Scavenger Hunt Free No. of attendees _____

5:00 p.m. Officer Installation. Free No. of attendees _____

5:30 p.m. Beer, Wine & Cheese Reception Free No. of attendees _____

Sunday, August 7th
.....

7:00 a.m. Cycling (All levels welcome) Free No. of riders _____

8:00 a.m. Nutrition and Inflammation No. of attendees _____

Raffle Tickets: 1 for \$5.00 – 10 for \$25.00 – 25 for \$50.00 No. of tickets _____ \$_____

Registration + Events **TOTAL** \$_____

Payment Method: Check: *Made payable to WCDDA* Visa MasterCard Amex

Credit Card No.: _____ Exp. Date: _____ CVV Code: _____

Signature: _____ Billing Zip Code: _____

Please mail or fax this form to the WCDDA:
1114 Kyle Wood Lane • Brandon, FL 33511 • (813) 654-2500 Fax (813) 654-2505