

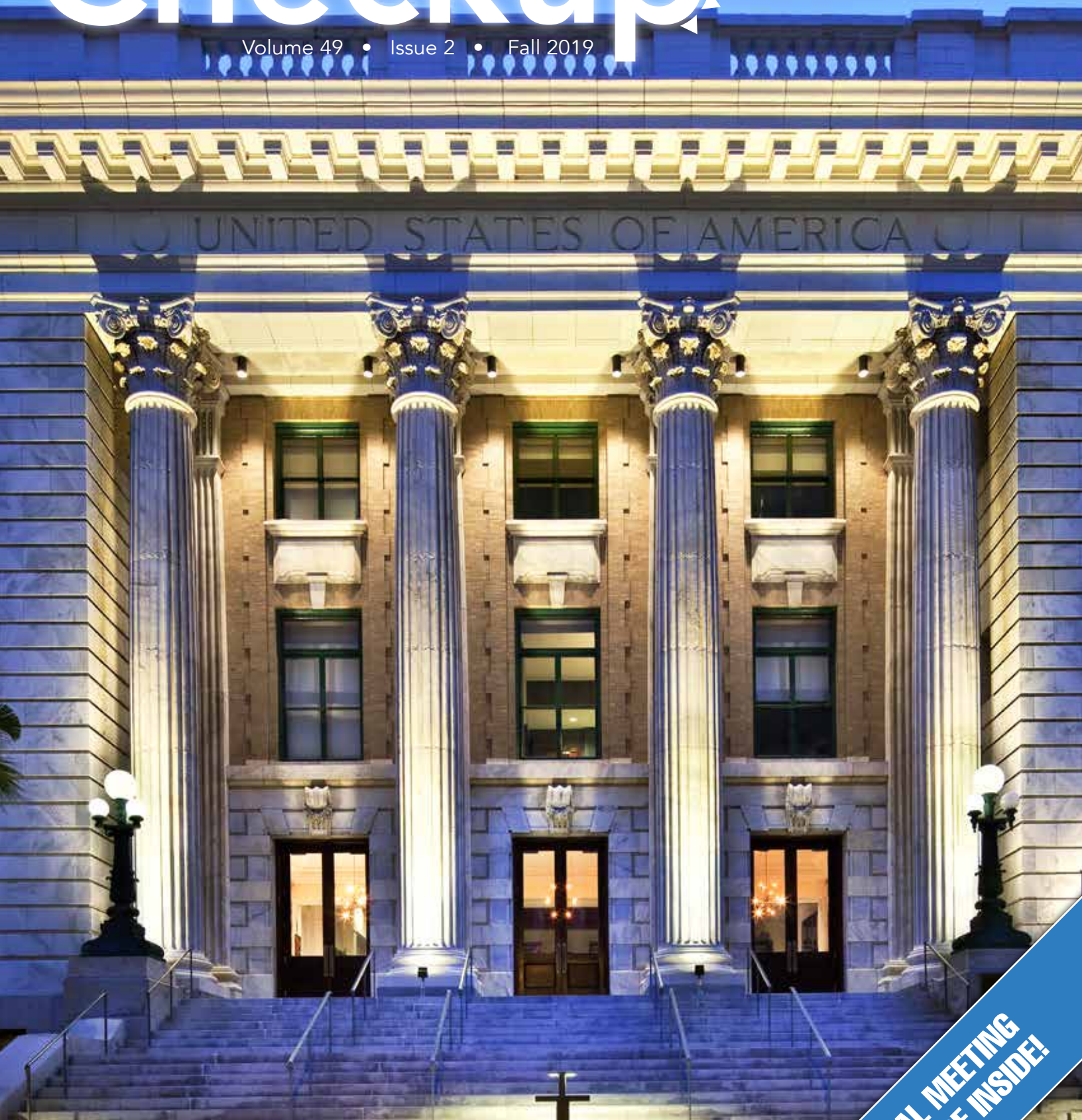
Checkup



WEST COAST
DISTRICT DENTAL ASSOCIATION

A COMPONENT OF THE
AMERICAN & FLORIDA DENTAL ASSOCIATIONS

Volume 49 • Issue 2 • Fall 2019



**ANNUAL MEETING
BROCHURE INSIDE!**

Mission: Helping Members Succeed

Culture: The Reliable Resource for Dentists

Values: Service, Commitment, Integrity and Excellence

President's Message



Dr. Craig Oldham
President

WCDDA Members,

Another year in organized dentistry has begun. It is a privilege to be a dentist and work in these communities on Florida's West Coast. The WCDDA goal is to defend dentistry from the growing obstacles we face. Small business rules, insurance company challenges, and the proposal of poorly trained mid-level providers in Florida are not disappearing. Our dental association plans to improve our position as a valuable, independent health care provider.

The WCDDA also wants to help each member succeed. We work in an open, positive setting that is cherished by both young and seasoned dentists. We need help to maintain this standard.

Dentist members will strengthen our dental association by utilizing our FDA Services. Malpractice insurance, workers compensation insurance, and commercial property insurance are offered with high quality carriers for the lowest cost reasonable. Payroll companies add unnecessary fees to a state mandated rate - most likely you are paying too much! In the last two years, nine malpractice insurance companies were listed in state rehabilitation or receivership. This is shocking and isolates those doctors by dissolving tail coverage and true liability protection. Don't be fooled by low, low rates.

Thank you for your participation in the WCDDA. Remember to ask your colleagues for help, to contact the central office for advice, and to enjoy your member benefits. Florida's Mission of Mercy is April 24-25, 2020 in Jacksonville. It is a wonderful opportunity to serve and to feel sincere appreciation. The 2,000+ patients that are treated are all amazing, kind, thankful souls.

I will see many of you soon at the affiliate association meetings.

Please enjoy life. 🍷

Thanks,

Craig Oldham, DMD



Front Cover: Le Méridien
- Tampa's own 107 year
old former federal court
house. Come celebrate our
Presidential Reception with
us as this historic venue on
February 6th!
-Details page 8.

Officer Planning Session, (l:r) Drs. Lance Karp, Chris Bulnes, JP, Clay McEntire, Steve Zuknick, Oscar Menendez, Hugh Wunderlich, Gregg Langston and Fred Grassin. Middle Row (l:r) Drs. Rita Hurst, Reza Iranmanesh and Jessica Stillely Mallah. Seated (l:r) Drs. Craig Oldham and Rudy Liddell.



See You
in
Kentucky

See page 12 for details!

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32nd Summer Meeting

To view more meeting photos, visit facebook.com/wcdda



Another successful fishing excursion!



Dr. Oscar Menendez passing the gavel to the new President, Dr. Craig Oldham.



5K Fun Run Group!

Memories...



Friends & fun at the Cigar and Cordials event!



Summer Meeting raffle winner, Dr. Michael Adams!



Family Fun Event Victory! The Grimaudo and Metz families celebratory photo!



Future leaders of the WCDDA



WCDDA Past Presidents celebrating another year of friendship and camaraderie.

Annual & Summer Meeting Information

WCDDA is hosting its 2021 Annual Meeting in conjunction with the Gasparilla Parade!

WCDDA 99th Annual Meeting
Friday, January 29, 2021

WCDDA Gasparilla
Private Parade Tent
Saturday, January 30th
(Private tent includes: food,
open bar and private restrooms)

Ye Mystic Krewe of Gasparilla hosts a parade that begins at 2 p.m. at Bay to Bay and Bayshore in South Tampa. The 4.5 mile Gasparilla Parade of the Pirates, which has been presented by Ye Mystic Krewe of Gasparilla annually since 1904, winds its way into downtown Tampa, featuring 103 floats, 3 marching bands and over 50 participating social organizations (krewes).

Summer Meeting History!

- ✦ The first WCDDA (formerly called WCDA) Summer Meeting was over 32 years ago on August 14-16, 1987 at The Naples Beach Hotel and Golf Club. Featured Program: *Amalgam? You Betcha! Posterior Composite? Well Maybe*, Kenneth Grubbs, DDS - 5 CEUs
- ✦ The first annual WCDA Wacky OH-WIMPICS was on the beach! A Beach, Beef and Fun buffet was hosted and of course the Wine & Cheese Reception that still exists today!
- ✦ WCDA Leadership in 1987:
President, Dr. Edwin Leonard; President-Elect, Dr. Duel Christian; First Vice President, Dr. Larry Morgan and Florida Dental Association's, First Vice President, Dr. Curtis Gause.
- ✦ The House of Delegates meetings were held in conjunction with the Summer Meeting. The agenda items that were up for discussion included the following: \$20 dues increase, peer review process, peer review record keeping and establishing a referral service for members.
- ✦ Total Members in the WCDA in 1987 was 1,272!
- ✦ The West Pasco affiliate was formerly known as Withlacoochee!
- ✦ The President's Trip in 1987 was a ski trip to Park City, Utah!

WCDDA's 33rd Summer Meeting

August 7-9, 2020
The Ritz-Carlton, Naples

Dr. Donald Cohen will present the following:

HPV and EBV Viruses are Causing an Epidemic of Cancerous and Precancerous Lesions in the Oral Cavity. How to recognize these lesions and what we as dentists can do about it.

Clinical Features of Early Oral Cancers and Precancerous Lesions. Early forms of oral cancers have specific patterns and can be recognized by the alert dentist before they progress.

Potpourri of Oral Pathology. A series of interesting clinical cases that will challenge and help to improve the diagnostic acumen of practitioners.

Visit wcdental.org for more information and to register.



Registration is OPEN...
cvent.com/d/jhq8jm

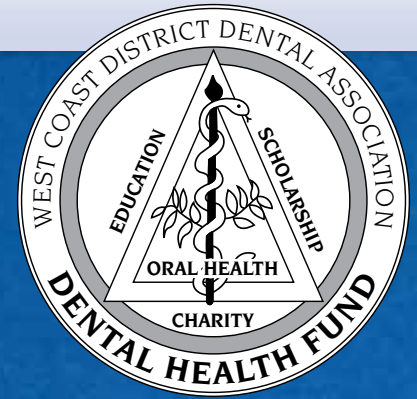


You must be registered for the meeting to reserve a maximum of 2 rooms per meeting registrant. A link to reserve rooms will be provided in your emailed meeting confirmation. Registrants desiring more than two rooms may check back after May 31st, at which time if there are still rooms remaining in the group room block, the additional rooms will be made available on a first come first serve basis.

WCDDA Fund

The **WCDDA Fund** supports access to care events and clinics, accredited dental programs, and dental health education in thirteen counties. By supporting local events and education, the association is able to impact various important missions and support the profession.

The WCDDA Annual Summer Fundraiser Raffle was another great success! Over \$3,600 was raised and 26 doctors won various donated items. The WCDDA would like to thank the following for their donations towards our successful raffle event held in conjunction with the summer meeting in Naples! If you're interested in donating to the Fund, visit wcdental.org.

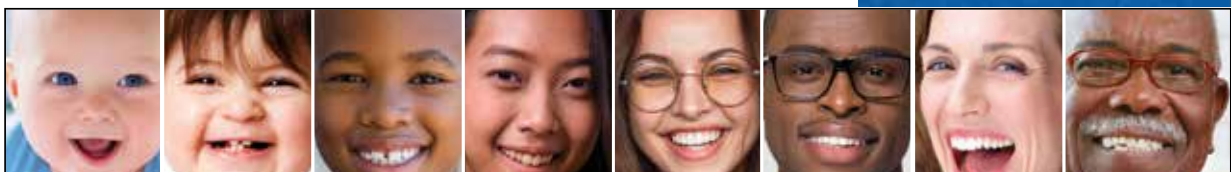


Dan Bertoch Memorial Grant

Dan Bertoch Memorial Grant: Dr. Dan Bertoch devoted much time to advocacy for the dental profession. It is in his spirit that a Memorial Fund in Dan's name was established in 2011 to provide funding for a first-time attendee(s) to Dentists' Day on the Hill in Tallahassee on February 3-4, 2020. The grant can be used towards transportation to and from Tallahassee and accommodations at the host hotel.

For questions regarding the WCDDA Fund of the Dan Bertoch Memorial Grant, contact the WCDDA Office at (813) 654-2500 or email: lissette@wcdental.org. Download the grant application by visiting, wcdental.org/wcdda-fund/scholarship-forms.

**ATTEND
DDOH FOR
FREE!**



YOUR HEALTH • ROOTED IN DENTISTRY

2020 DENTISTS' DAY ON THE HILL

*Aloft Hotel
Room block reserved*

850.513.0313

TUESDAY • FEB. 4, 2020

LEGISLATIVE BRIEFING • ALOFT HOTEL • 6 PM • MONDAY, FEB. 3, 2020



Register at
floridadental.org/ddoh



WCDDA New Members & Condolences

The WCDDA would like to extend a warm welcome to new and returning members of the American, Florida and West Coast Dental Associations

Dr. Hayder Abdulameer, Wesley Chapel
Dr. Tasnova Ahmad, Fort Myers
Dr. Effat Ahmadi, Bradenton
Dr. Yaima Alba, Sarasota
Dr. Alisha Anand, Tampa
Dr. Cristina Armbruster Jacas, Spring Hill
Dr. Zeina Armouche, Tampa
Dr. Maneet Arora, Davenport
Dr. Daima Avila, Tampa
Dr. Sarah Barr, Brandon
Dr. Katalina Beltran, New Port Richey
Dr. Andrea Bermudez, Fort Myers
Dr. Emerson Boogaard, Lehigh Acres
Dr. Ioanna Borissova, Tampa
Dr. Simone Boutros, Tampa
Dr. Joshua Burns, Tampa
Dr. Luis Carrero Cordero, Valrico
Dr. Maria-Marcia Carvalho, Port Charlotte
Dr. Lester Castillo, Seminole
Dr. Dorothy Cataldo, Saint Petersburg
Dr. Cody Chase, Saint Petersburg
Dr. Ginger Chasolen, Sarasota
Dr. Sonia Chheda, Tampa
Dr. Seng Kyu Choi, Tampa
Dr. Todd Cleary, Seminole
Dr. Katrina Co, Fort Myers
Dr. Julia Collazo, Beverly Hills
Dr. Luis Congote, Winter Haven
Dr. Lori Conrad, Sarasota
Dr. Lourdes Cortes, Tampa
Dr. Andres Cruz, Naples
Dr. Sura Dabbagh, Wesley Chapel
Dr. Ashley Daniels, Naples
Dr. Aldo Del Sol Martinez, Riverview
Dr. Hina Desai, Saint Petersburg
Dr. Brandi Dinh, Estero
Dr. Takashi Dixon, Riverview
Dr. Eva Dupay, Lakeland
Dr. Atom Edenson, Tampa
Dr. Hamed El-Jabali, Temple Terrace
Dr. Paradis Esfandiari, Tampa
Dr. Jason Fackender, Spring Hill
Dr. Paul Feit, Port Charlotte
Dr. James Felch, Saint Petersburg

Dr. Michelle Felix, Naples
Dr. Monica Freifeld, Palm Harbor
Dr. Tyler Frey, Naples
Dr. Dasha Frias Landa, Naples
Dr. Adriana Gabaldon, Naples
Dr. Marina Gabriel, Trinity
Dr. Meredith Galloway, Bradenton
Dr. Dimitrios Gatis, Naples
Dr. Jean George, Riverview
Dr. Shada Ghnaim, Bradenton
Dr. Emily Gimness, Seminole
Dr. Giovanni Gonzalez, Bradenton
Dr. Jonathan Gordon, Naples
Dr. Matthew Graham, Port Charlotte
Dr. Debbie Grant, Sarasota
Dr. Deena Hawasli, Fort Myers
Dr. Oscar Hernandez, Bradenton
Dr. Tranchau Hoang, Palm Harbor
Dr. Yvonne Hoang, Sarasota
Dr. Andrew Holovnia, Tampa
Dr. Xiaoxiao Hong, Vero Beach
Dr. James Houston, Lakewood Ranch
Dr. Hind Hussein, Lakewood Ranch
Dr. Benjamin Hwang, Wesley Chapel
Dr. Ratrice Jackson, Riverview
Dr. Jermyn Javier, Lehigh Acres
Dr. Noor Jawad, Tampa
Dr. Christine Kerrigan, Sarasota
Dr. Abdul Khan, Hudson
Dr. Fatima Khan, New Port Richey
Dr. Jacob Klamut, Cape Coral
Dr. Maria Lamazares, Tampa
Dr. Samuel Landrian, Tampa
Dr. Melissa Leach, Fort Myers
Dr. Sinhye Lee, Riverview
Dr. Tong Liu, Fort Myers
Dr. Raphael Liy, New Port Richey
Dr. Courtney Lombardo, North Redington Beach
Dr. John Longmire, Tampa
Dr. Connor Love, Tampa
Dr. Seth Lutjemeyer, Tampa
Dr. Helen May, Fort Myers
Dr. Denise McCaskill, Tampa
Dr. Rowland McCoy, Lake Alfred

Dr. Amalio Montez, Immokalee
Dr. James Muir, Weeki Wachee
Dr. Cody Neill, Tampa
Dr. Nesreen Nimer, Weeki Wachee
Dr. Julian Ortiz, Tampa
Dr. Krunal Pachigar, Tampa
Dr. Stanley Parker, Indian Rocks Beach
Dr. Khusbu Patel, Naples
Dr. Krupal Patel, New Port Richey
Dr. Leslie Pence, Brandon
Dr. Meng Peng, Tampa
Dr. Casandra Perez, St. Pete
Dr. Christopher Petrotto, Tampa
Dr. Frank Pettinato, Palm Harbor
Dr. Kimberly Phelps, Wesley Chapel
Dr. Flavius Popescu, Naples
Dr. Alvaro Preciado, Bradenton
Dr. Katelyn Radner, Palm Harbor
Dr. Vinutha Rattehalli, Lakeland
Dr. Golnaz Reihani, Wesley Chapel
Dr. Anthony Riggio, Naples
Dr. Matthew Robison, Tampa
Dr. Nataly Salazar, Fort Myers
Dr. Olga Saniukovich, Trinity
Dr. Sara Sardano, Clearwater
Dr. Ronald Schram, Brandon
Dr. Tanya Sehgal, Winter Haven
Dr. Oleg Semeryuk, Seminole
Dr. Pragya Sharma, Sarasota
Dr. Andel Sinanan, Weeki Wachee
Dr. Neal Singh, Palm Harbor
Dr. Shiva Soleimani, Brandon
Dr. Matthew Sorsok, Tampa
Dr. William Spencer, Clearwater
Dr. My-Huong Ta, Sarasota
Dr. Maria Tibavinsky, Clearwater
Dr. Anthony Tossona, Palm Harbor
Dr. Carl Treyz, Madeira Beach
Dr. Malissa Vacharakiat, Tampa
Dr. Andrew Vallo, Tampa
Dr. Jonathan Van Dyke, Naples
Dr. Jason Vanman, Saint Petersburg
Dr. William Welch, Fort Myers
Dr. Caitlin Wild, Tampa

In Memoriam

We are deeply saddened by the loss of our colleagues.

James O. Bass, DDS of Fort Myers passed away on October 18, 2018
Joseph P. Bodo, Jr., DDS of Tampa passed away on August 7, 2019 (Past President)
Richard W Ehlers, DDS of Sarasota passed away on April 29, 2019
Peter E. Dawson, DDS of St. Petersburg passed away on July 27, 2019
Wallace S. De Puy, Jr, DDS of Naples passed away on February 6, 2019
Gerald Francati, DDS of St. Petersburg passed away on July 9, 2019
Henry G. King, DDS of Treasure Island passed away on May 30, 2014

Thomas V. Klement, DMD of St. Petersburg passed away on August 6, 2019
David G. Parker, DMD of Punta Gorda passed away on April 4, 2019 (Past President)
Anthony R. Puma, DMD of Beverly Hills passed away on June 19, 2019
Richard S. Pyer, DDS of Tampa passed away on March 20, 2019
Anthony J. Schweiger, DMD of St. Petersburg passed away on August 23, 2019
Ronald J. Smith, DDS of Bradenton passed away on September 14, 2019
Dennis Sweeney, DDS of Fort Myers passed away on June 2, 2019

A contribution has been made to the WCDDA Fund in their memory. If you would like to contribute, please make your check payable to the Florida Dental Health Foundation, indicate WCDDA Fund in the memo and mail to: Florida Dental Association, Attn: Foundation, 545 John Knox Road, Suite 200, Tallahassee, Florida 32303.

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2019
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"Phenomenal, professional, and timely, are just a few words to describe my relationship with FDAS and Rick. Without hesitation, FDAS is the absolute best!"

*- Dr. Freddie W.,
Customer Since 2004*



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www.fdaservices.com/insurance-programs | Follow us on



Important Information

New Requirements

Opioid Prescribing:

- 🔔 All dental license holders are now required to take a two-hour Opioid Prescribing course.
- 🔔 With the passage of HB 549, dentists will now be able to receive CE for controlled substances from dentists and dental-affiliated groups certified to offer such a course, which includes the FDA. HB 549 was signed into law and is effective July 1, 2019.
- 🔔 Starting July 1, 2019, the FDA will offer a two-hour Opioid Prescribing on-demand webinar with special pricing available to members.
- 🔔 Dentists who have already taken the two-hour CE course based on having a DEA license will not be required to take another CE course on the prescribing of controlled substances this biennium.

Human Trafficking:

- 🔔 One-hour Human Trafficking CE Course is Required for All Florida Licensed Dentists and Hygienists. HB 851 outlines several changes to human trafficking laws including creating a new requirement for various health care practitioners, including dentists and dental hygienists to take a one-hour CE course on human trafficking by Jan. 1, 2021. Visit floridadental.org/humantrafficking.
- 🔔 Starting July 1, 2019, the FDA will offer a one-hour Human Trafficking on-demand webinar with special pricing available to members.
- 🔔 January 1, 2021, a sign must be posted in your office in a place accessible to employees that states specific languages outlined by the legislation, with specific requirements for font size and display size. The posters are available at floridadental.org.

Did you Know?

FL HB 831 - Mandates that all prescribers must generate and transmit all prescriptions electronically beginning Jan. 1, 2020. Exceptions would include situations where e-prescribing is unavailable due to temporary technological/electronic failure that is outside of the prescriber's control. The bill expressly states that electronic prescribing shall not interfere with a patient's freedom to choose a pharmacy. Visit, flsenate.gov/Session/Bill/2019/831.

Fighting for the Profession of Dentistry

Dentistry's state and federal political action committees ensure the association has a place at the table when lawmakers are debating legislation that affects dentistry. The FDA Political Action Committee (FDAPAC) Board of Directors and American Dental Political Action Committee (ADPAC) work hard to identify and support dental-friendly candidates. To stay informed, visit ada.org/advocacy.aspx and floridadental.org.

Managed Care Handbook for Members

You Want Me to Sign What? A Florida Dentist's Handbook on Managed-care Contracts is a comprehensive reference including information on reimbursement, risk, negotiating, and rights and duties of both parties. Contact the WCDDA office to obtain your copy, (813) 654-2500.

ADA's Center for Professional Success – Resources for Your Personal and Professional Life

This interactive web resource offers members relevant and effective solutions you can use every day: managing your career, expanding your knowledge and balancing your life. Visit success.ada.org/en/.

FDA's Career Center

New platform that gives dentists and dental employers a better way to find each other and make that perfect match. Visit, floridadental.org/member-center/fda-career-center.

Avoid Costly Legal Fees and Malpractice Suits by using this free service available only to members. Peer Review doesn't always have to be started by a disgruntled patient. A frustrated dentist who feels that everything has been done to satisfy the patient, with no success, also can recommend Peer Review. This is a service provided by colleagues to other members to help mediate problems, and most of the time avoid costly and emotionally draining litigation or Board of Dentistry complaints. Questions? call WCDDA at (813) 654-2500.

Other Member Benefits Include:

ADA "Find a Dentist": The online tool, mouthhealthy.org promotes your practice by allowing you to keep your profile up to date and making it easy for potential patients to locate your practice.

FDA Services: Provides a wide range of insurance at affordable rates. Individual/Group Health, Professional Liability, Term Life, Workers Compensation, Disability, Malpractice, Auto and Pension plans are available. Contact Rick D'Angelo at (813) 475-6948 or rick.dangelo@fdaservices.com.

Crown Savings: FDA Services has researched and vetted business solutions so members can take advantage of exclusive deals and discounts offered through the Crown Savings program. Members who participate will save time, money and hassle, putting the focus back on patient care. Visit fdaservices.com/crownsavings.

ADA Credentialing: Spend more time with patients and less time on cumbersome, redundant paperwork. Think like a dentist and run your office like an entrepreneur with ADA's Credentialing Service. Visit ada.org/credentialing.

ADA/FDA/WCDDA Websites: Information right at your fingertips, visit ada.org, floridadental.org and wcdental.org to access important information on laws, rules, and continuing education and employment opportunities. Visit ADA's New Dentist Blog, newdentistblog.ada.org and FDA's Beyond the Bite Blog, floridadental.org/members/fda-blog.

CE Programs/Annual Meetings/Affiliate Meetings:

Each association hosts annual meetings and monthly meetings that provide high quality continuing education to members and their staff at a significantly reduced rate. WCDDA's Annual Winter and Summer Meetings, WCDDA Affiliate Meetings, Florida Dental Convention (FDC) and the ADA's Annual Session.

Free Florida and HIPAA Compliance

Forms: Free HIPAA forms are available to all members. Visit floridadental.org/members/member-resource

Free Online CE: Members receive up to 30 hours of FREE online CE courses at floridadental.org.

CE Broker Tracking: Continuing education attendance records are uploaded into CEbroker.com for each member who attends a meeting at the FDA, WCDDA and affiliate levels.

FOR MORE INFORMATION ABOUT MEMBERSHIP AND HOW TO JOIN, CALL (800) 260-5277 OR VISIT wcdental.org OR floridadental.org.



Association Business - Official Calls

Official Calls

There will be a caucus of the West Coast District Dental Association's Delegation on Tuesday, January 14, 2020 at 6:00 p.m. via conference call. There will be twelve sites throughout the West Coast district.



Dr. Rita Hurst

The West Coast District Dental Association will hold a lunch caucus in conjunction with the Florida Dental Association's House of Delegates meeting Saturday, January 25, 2020 at the Tampa Airport Marriott.

Dr. Rita Hurst
WCDDA Secretary

Accepting Nominations for WCDDA Secretary:

The WCDDA is accepting written nominations for WCDDA Secretary. This is the entry level for the WCDDA leadership ladder. Any WCDDA member may be nominated. The Nominating Committee will review the names and make recommendations to the Executive Cabinet. **Please forward written nominations to the WCDDA Executive Cabinet prior to March 1, 2020.**

Award Nominations are Being Accepted for the Following:

Distinguished Service Award: This award is given to a member for outstanding service toward the dental profession and the West Coast District Dental Association.

Dan Bertoch Leadership Award: This award is given to a young dentist who has proven leadership skills.

Affiliate of the Year Award: This is given to an affiliate that has contributed the most towards improving the WCDDA by increasing membership numbers, having the most volunteers, and supporting the ideas, activities and meetings of the WCDDA.

Kintsugi: This award is given to any member who has shown dedication or commitment towards improving the access to healthcare issue in the community.

Please submit award nominations to the WCDDA office by December 31, 2019.

Awards will be presented at the President's Reception at Le Méridien in conjunction with the WCDDA's Annual Meeting on February 6, 2020 at in Tampa.

New WCDDA Team Members

Tammy-Lynn was raised in Massachusetts and relocated to the Tampa area. She has more than twelve years experience in management. She previously served as the Marketing & Membership Director of the Amherst Chamber of Commerce with a focus on connecting members and increasing membership participation. In her spare time, she enjoys capturing landscape and nature photography, chasing the sun on the beach and reading.

Tammy-Lynn Chace
Executive Assistant



Heather was born and raised in Broward County, FL and relocated to the Tampa area in 2019. While seeking her Business & Marketing Degree from Florida Atlantic University she began her career with a nonprofit dedicated to animals. She has developed and managed websites, implemented marketing campaigns on social media and communications platforms and has experience working with volunteers and executive boards. In her spare time, she enjoys volunteering at animal shelters, attending concerts and traveling.

Heather Nelson
Client Services Manager



Le MERIDIEN
TAMPA

You're Invited to attend WCDDA's Annual
President's Reception

Thursday, February 6, 2020
Le Méridien, Tampa
601 North Florida Avenue, Tampa, FL 33602
limeridientampa.com
6:30 p.m. – 8:30 p.m.

Event held in conjunction with the
West Coast District Dental Association's
2020 Annual Meeting.

Additional details can be found enclosed in
the 98th Annual Meeting Brochure.



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Brian Kremposky at 407.544.3975 or brian@teamcenturion.com

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Mark Your Calendar 2019-2021

WCDDA Executive Cabinet Meeting October 25, 2019

WCDDA Delegation Phone Caucus January 14, 2020

FDA House of Delegates, Tampa Marriott Jan. 25, 2020

Dentists' Day on the Hill, Tallahassee February 3-4, 2020

WCDDA President's Reception, Tampa February 6, 2020

WCDDA 98th Annual Meeting, CAMLS, Tampa February 7, 2020

WCDDA President's Trip, Kentucky Bourbon Trail March 12-15, 2020

Florida's Mission of Mercy Event, Jacksonville April 24-25, 2020

WCDDA Executive Cabinet Meeting, Brandon May 8, 2020

WCDDA Delegation Caucus, Various Sites June 2, 2020

FDA House of Delegates, Gaylord Palms (no FDC in June) June 12-13, 2020

WCDDA 33rd Summer Meeting, The Ritz-Carlton, Naples . . Aug. 7-9, 2020

America's Dental Meeting & FDC, Orlando October 15-17, 2020

FDA House of Delegates, Tampa Marriott January 23, 2021

WCDDA 99th Annual Meeting, CAMLS Tampa Jan. 29, 2021



Florida Dental Convention, Orlando June 24-26, 2021

WCDDA 34th Summer Meeting, The Ritz-Carlton, Naples . . Aug. 6-8, 2021

America's Dental Meeting, Las Vegas October 11-15, 2021



FDA WELL-BEING PROGRAM PROVIDES CONFIDENTIAL HELP FOR DENTISTS, THEIR FAMILIES AND STAFF

DR. BARTON BLUMBERG

According to the American Dental Association's (ADA) statistics, 19% of all dentists will have problems with drugs or alcohol sometime during their careers. These numbers may have grown in the past few years due to the opioid epidemic. The fallout from this not only affects their health and well-being, but also that of their patients, staff and families. Ultimately, they can be in jeopardy of losing their licenses, their health or even their lives.

Alcoholism and addiction are diseases, just as diabetes, cancer and heart disease are. There is good scientific evidence that there is a genetic predisposition for addiction. All addictions affect the brain in the same way by stimulating the production of dopamine, which in turn stimulates the pleasure or euphoria centers. This repeated exposure essentially hijacks the brain in an individual with addiction potential and prevents them from making rational choices when faced with the consequences of using their drug of choice. Most of us have heard that we all have obsessive-compulsive behavior about something, but when it interferes with our routine activities of daily living to the point of creating unintended consequences, it can be considered an addiction, whether it is drugs and alcohol, gambling, sex, overeating, over-exercising, etc.


Part of the disease process is an individual's strong denial that they have a problem. Sometimes the first ones to notice that they have a problem are staff or family members. They might see some of the warning signs: the doctor showing up late or completely missing unscheduled days off. They may show physical signs, such as unusual irritability with patients or staff or slurred speech. However, staff or family members are reluctant to confront the individual for fear of repercussions.

The Florida Dental Association's (FDA) Well-Being Program has been in effect for almost two years and is a non-threatening way for dentists to get help with their illness. Again, this is a disease and we would not expect someone close to us not to seek help for cancer or heart disease. So why should they not receive help for their addiction? There are many psycho-social

aspects to this disease. But, the individual suffering from this disease doesn't have the ability to fully see and understand that they have a problem, so it's up to those closest to an addict to help them get treatment.

A recovering addict has a unique first-hand perspective on treatment and recovery. As someone in recovery for more than 12 years, I can tell you that I've had the opportunity to work with many others, including health care professionals, who have suffered and then recovered from this disease. I can tell you that our lives are so much better in every way. I'm grateful that my family and career have survived my addiction. I have wonderful relationships with my family, patients and staff in ways that I never could've dreamed possible — even better than before my addiction problems. Every day, my personal growth, health and peace of mind is incredible and is something that I wish everyone could enjoy. When I first came into recovery, I was told that alcohol and drugs were only a symptom of my disease. Although it may be hard for others outside of the recovery process to understand, I can tell you that it is absolutely true!

The FDA Well-Being Program is a project under the Council on Ethics, Bylaws and Judicial Affairs. This program is designed for a dentist or their staff and family to contact a trusted source in recovery who understands dentistry and its difficult challenges. The conversations can be on an anonymous basis and will always be kept confidential. Doctors are not required to give their name or membership information, and there is no stigma or judgement attached to doctors or their loved ones who reach out to the well-being consultant. These communications also are protected as non-discoverable.

There is no need to suffer the consequences of addiction to your health, your patients, your family or your license. The hardest part is admitting you have a problem! From then on, help is available. Any dentist in recovery who would like to be on this committee, or anyone who needs information or help can anonymously and confidentially contact me at 352.446.7910. 

President's Trip Kentucky Bourbon Trail

March 12-15, 2020

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Throughout the 13 counties in the WCDDA district there are 12 affiliates that meet regularly. In addition to the ADA, FDA and WCDDA, the Affiliates are another great way to get involved and access benefits to help you and your dental practice.

- Monthly meetings including quality continuing education, networking and dinner.
- Peer-to-peer case review and discussion among referring colleagues.
- Volunteer opportunities.
- Direct and immediate support from the local, state and national levels.
- Grassroots awareness and involvement such as fluoride, community dental clinics, political outreach and other important issues that arise in the community.
- Community service programs.

Do you provide mobile dental care?

Let us know! Patients are in need. Please contact the WCDDA office at admin@wcdental.org

Join your local affiliate today!

Affiliate Program Dates and Contact Information

CHARLOTTE COUNTY DENTAL SOCIETY

Dr. Patricia Scott, President - (941) 625-8500

November 19, 2019

Anti-Coagulation Therapy, Dr. Patricia Scott

January 14, 2020 - TBD

February 11, 2020 - TBD

March 10, 2020 - TBD

April 14, 2020 - TBD

May 12, 2020 - TBD

GREATER HIGHLANDS COUNTY DENTAL ASSOCIATION

Dr. Michael Kirsch, President - (863) 382-8878

November 12, 2019

Medical Errors, Dr. Jack Longmire

January 14, 2020

Update on Restorative Materials and Rechniques, Dr. Mike Dorociak

February 11, 2020

Human Trafficking (Course required by January 1, 2020; meets board requirements), Sgt. Kimberly Gunn from HCSO

April 14, 2020

Early Orthodontic Treatment: When to Refer, Dr. Steven Guelff

COLLIER COUNTY DENTAL ASSOCIATION

www.collierdentists.com

Dr. Sean Carr, President (239) 596-5771

November 21, 2019

Determining the Splint Treatment, Dr. Ralph Garcia

January 16, 2020

Preventing Burnout – The Dental Practice of Your Dreams,

Dr. James Pitts

February 20, 2020

Consequences of Oral Cancer, Dr. Nancy Bouchard and Stacey Brill,

Speech Pathologist

March 19, 2020

Maximizing Esthetic Results with Single Tooth Anterior

Implants-The 3 Ts, Dr. Sammi Zfaz

April 16, 2020

Doctor/Lab Communication in Dentistry, Dr. Bruce McPherson

May 21, 2020

Spring Meeting -Oral Complications and Prevention Strategies for

Older Adults – Fill Up or Cover Up, Dr. Gregory Oxford

HERNANDO COUNTY DENTAL ASSOCIATION

www.hernandocountysmiles.org

November 14, 2020 - TBD

January 16, 2020

Transforming the Dental Cripple, Dr. Michael Hashemian

March 19, 2020

Perio and Alzheimers, Dr. Jessica Stille-Mallah

May 21, 2020 - TBD

*Tear this page out and keep it
for a CE adventure!*

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HILLSBOROUGH COUNTY DENTAL ASSOCIATION

www.hcdafla.com

Dr. Wendy Churchill, President (813) 964-8585

November 19, 2019

Medical Errors, Dr. Jack Longmire

January 28, 2020

How Laws and the Board of Dentistry Affects Your License,

Casey Stoutamire, Esq.

March 24, 2020

The Shift-The Pragmatic Movement Toward Complete Health

Dentistry, Dr. DeWitt Wilkerson

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LEE COUNTY DENTAL SOCIETY

www.leecountydental.com

Dr. Andrea Mier Parsons, President (239) 549-7771

November 21, 2019

Living to 100 with Vitality, Dr. Sal Lacagnina

January 16, 2020

Medical Errors: Update on Laws/Rules & Domestic Violence,

Dr. Hal Haering

February 20, 2020

Sinus-Related Complications in Implantation, Sinus Lift,

and Extraction, Dr. Justin Casey

March 26, 2020

A Gastroenterologist's Thoughts on Dentistry - Passing Through

From Mouth to Anus (M2A), Dr. Christopher Gostout

April 16, 2020

Veterinary Dentistry, a Summary of Our Current Practices,

Dr. Wade Gingerich

May 21, 2020

Collier / Lee Annual Seminar

Dr. Gregory Oxford

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MANATEE DENTAL SOCIETY

www.manateedentalsociety.org

Dr. Bobby Troxler, President (941) 405-0158

November 19, 2019

Optimize Your Practice, Dr. Christopher Bulnes

January 21, 2020

Domestic Violence, Dr. Nicholas Grimaudo

March 17, 2020 - TBD

April 21, 2020

Current Trends in Digital Dentistry, Dr. Ryan Rubino

.....

SARASOTA COUNTY DENTAL ASSOCIATION

www.scdonline.com

Dr. Kenneth Liszewski, President (941) 351-8338

November 14, 2019 - Botox and Fillers, Dr. Tirbod Fattahhi

January 9, 2020 - TBD

March 12, 2020 - Dawson Functional Aesthetics: Design, Develop and Deliver and... Repeat, Dr. Zach Sisler

April 16, 2020 - TBD

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PINELLAS COUNTY DENTAL ASSOCIATION

www.smilepinellas.com

Dr. Gabriele Spinuso, President (727) 302-9401

November 13, 2019

Joint Meeting with UPCDA

Taking the Fear Out of Having TMJ Patients, Dr. Mark Piper

December 4, 2020

Understanding the CDT Code, Dr. Christopher Bulnes

January 8, 2020

Cambridge Dental Practice Consultants, Kevin Tighe

March 4, 2020 - TBD

April 1, 2020 - TBD

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POLK COUNTY DENTAL ASSOCIATION

www.polkcountydental.com

Dr. Max Forni, President (863) 676-6021

November 19, 2019 - TBD

January 21, 2020 - TBD

February 18, 2020 - TBD

April 21, 2020 - TBD

May 19, 2020 - TBD

.....

UPPER PINELLAS COUNTY DENTAL ASSOCIATION

www.upcda.org

Dr. Jeremy Albert, President (727) 376-2770

November 13, 2019

Joint Meeting with PCDA

Taking the Fear Out of Having TMJ Patients, Dr. Mark Piper

January 15, 2020

Prosthodontic Lecture, Dr. Phil Hedger

March 11, 2020

Understanding the Patient's "No, and How to Make Them Say Yes",

Dr. Jason Watts

April 15, 2020

Perio and Alzheimers, Dr. Jessica Stille-Mallah

.....

WEST PASCO DENTAL ASSOCIATION

www.thewpda.com

Dr. Ricky Pan, President (727) 847-5360

November 26, 2019

Transforming the Dental Cripple, Dr. Michael Hashemian

January 28, 2020 - Who Moved my Retirement, Dr. James Pitts

March 24, 2020

HPV & Other Pre-Cancer Topics, Dr. Indraneeel Bhattacharyya

April 28, 2020

Periodontal Disease & Alzheimer's (Hygiene Meeting)

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*For all meetings and affiliate
information, visit wcdental.org.*



A Piece of Pinellas County Dental History

One hundred and fifty years of Pinellas County (Hillsborough until 1912) Dentistry is now a book "From Rocking Chairs to Robotics" by Jon Wilson, a historical journalist who captures the passion, talent, personalities and determination of a wide variety of dentists. Dentists who forged a primitive reaction to suffering into a noble profession with the highest ethical standards to achieve community oral health. Time has proven that as the mouth is healthy so is the body. Dentists are Medical Specialists and their civic efforts to improve physical health are unequaled in the medical field, which has too long ignored the contribution of dentistry to the science of health.

Hopefully, our new generation of dentists will relish the stories and be inspired by 'the old guard' on our "founding fathers" who sacrificed monetary gain and fame for integrity in being an advocate for their patients in the face of the economic pressures. The book will make you proud you are a dentist, belonging to an unusually gifted association. The battles that have been fought will be fought again to keep commercialism, and industry control at bay while at the same time preventing government intrusion that impairs doctor/patient relationships. The book will equip our grandchildren dentists with the knowledge and fortitude to take dentistry into a desirable intentional future. Our great history should be a sellout. Hope everyone of us will want the pride of our profession on our office bookshelf.

Dr. John Harrison with the spirit of Dr. Chuck Martin.

If you are interested in purchasing a copy, contact the Pinellas County Dental Association at smilepinellas.org or call (727) 342-0374.

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In Your Golden Years? Ready For Retirement?

Take the NAP Test...

The West Coast District Dental Association recognizes that many members will be considering retirement or transitioning their practices. To that end, we have developed the Near-end Aptitude Potential (NAP) test. To find out your NAP potential, answer the questions below. If you need the large-print edition of this test, skip it and go straight to "bed."

A.) A Denture Flask is:

1. a pink plastic cup with a hinged lid attached to sneak Jägermeister into Gator gridiron games.
2. a thin, hollowed-out, vacuumed vessel usually with a narrow neck, much like "Twiggy."
3. a heavy, Hanau three-piece bronze thing used two times and now in the corner of a dark dental cabinet next to your P.K. Thomas tools.

B.) P. K. Thomas:

1. is the name of a popular tank engine that hangs out with Henry, Gordon and Sir Toppham Hat.
2. was a 19th century American showman remembered for his traveling circus and invention of the English muffin.
3. was brother to Seth the clockmaker and designer of flared-tip waxing tools used to flow molten wax and burn scars into the left thumb of the user.

C.) Nuva is a:

1. a contraceptive ring worn by a bride on the "ring" finger of her left hand to discourage marital relations.
2. a cataclysmic nuclear explosion caused by the accretion of hydrogen on the surface of a dwarf star collapsing to form the largest independent university in southeastern Florida.
3. Curing Light unit introduced by Dentsply/Caulk in the 1970's used by "Dr. Goldfinger" to hemi-sect James Bond, as in "No, Mr. Bond... I expect you to die."

D.) A "turn-key" is:

1. the keeper of the keys to a prison, a jailer or the dean of a dental school.
2. Something ready for consumption, especially when bundled with separate but required materials, as in "turnkey and gravy."
3. Primitive yet popular dental extracting device for removing the top half of mandibular molars.

E.) What do the names Weber and Ritter mean to you?

1. Those are the names of an outdoor barbeque grill designed by a famous bowler and that lucky

guy with the "thigh-master" girl on television's "Three's Company."

2. I don't know what they did, but they go with "Andrew Lloyd and Tex."
3. Those are the brand names of the olive-green dental equipment in your office.

F.) What is the number of digits in your Florida Dental License?

1. Six
2. Five
3. Four or less, or back then we just called each other by first name.

G.) A squeeze cloth is:

1. from a popular song, as in, "Momma's got a squeeze cloth, daddy s' gonna sleep tonight."
2. a loose, woven, cotton cloth used in cheese making, such as to press edible cheese curds into something inedible, like tofu.
3. circular, linen cloth to compress dental amalgam into a manageable solid ball to be packed into the end of a mussel-loaded rifle as ammunition.

H.) Minikin:

1. are diminutive dress models in store front windows.
2. are small relatives of mine in West Virginia.
3. is a pin system to retain restorations and boost radio reception from WMOD in Fort Wayne, IN.

I.) There was a time when your patients would say:

1. "My old dentist used to clean my teeth."
2. "Why are you putting on gloves?"
3. "Where is that spit sink?"

J.) The technique that best describes the first way you placed a Class II composite is:

1. using a disposable compule with a self-etching, self-priming, self-tax paying, multichromatic composite material, overload the entire tooth in a giant blob and have your assistant cure the material with a light from



the hallway. Entire process takes 30 seconds.

2. carefully cover every morsel of dentin using a gummy, two-mix calcium hydroxide, wait to dry, place saliva mimicking conditioner on enamel, rinse with sterile water for three minutes, dry with special desiccating dryer, layer in material like a mother mud-dobber wasp ½ mm at a time between one minute cures using a Lucas light saber while staff and patient cower behind an amber face shield.

3. scoop brown base material out of small, plastic jelly jar and hand mix on a paper pad with an equal glob of white catalytic goop. Use a Chinet® knife to gently glum the sticky glop into your “toileted” preparation. Handhold the patient, matrix and material absolutely motionless for five minutes until the material is set. At this point the finished restoration will stick to your gloveless finger and fall out. Place gold foil instead.

Add up your score for your NAP number.

Less than ten shows you are a candidate for an invitation to the New Dentist Reception at the West Coast District meeting. Numbers between 10 and 25 indicate the need to take the additional Career Adjustment Test, or CATNAP. Numbers approaching 30 should also consider the Delayed Irreversible Route Test, or DIRTNAP. Numbers above 30 indicate the need for the large-print addition of this test.

So, when to retire? It depends on your age. Interestingly, in a study by the ADA, dentists younger than 40 years of age plan on retiring at 57.8, while dentists 40 and older plan to retire at 64.8. Clearly, there is quite a difference in thinking between the new dentist and those dentists with high NAP numbers. Apparently, at age 40 dentists start enjoying dentistry so much they never wish to retire or (more likely) their debt doesn't allow retirement. Not sure what the plans were of those folks older than 64.8.

When my father retired from dentistry, he spent the majority of his career standing up, hunched over a patient and cuspidor. Working alone, he was a dental army of one. Even when he cast his own crowns in a hand casting sling and used real Novocain in a football inflation needle, he considered it the Golden Age of Dentistry.

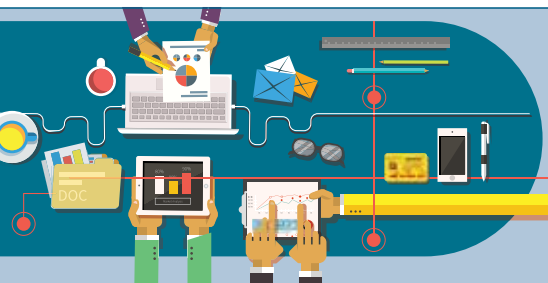


Plan early and retire on your own time. So, what if your NAP number is high. But be sure to make the “Golden Years” part of your Golden Age.

Helpful resources pertaining to retirement, closing/selling a dental practice can be found here, floridadental.org/member-center/faq.

*Tip of the Tongue Author
Hugh Wunderlich, DDS*

5 QUICK EMAIL TIPS TO KEEP YOU OUT OF TROUBLE



1. Never assume that an email is from whom it says it is from. Email can be – and is – easily “spoofed.” A spoof is an email that looks like it came from someone you likely know.
2. Never blindly click links in any email. No matter if it is from someone you know, your bank, Apple, UPS, FedEx or even your system administrator, you can hover over the link and likely see it is not what it seems to be. If you have a question, call the person or use a separate method to communicate with a company to verify before taking any action. Attachments also can be corrupted, so be extremely cautious of those as well.
3. Never send information like passwords, your Social Security number, bank information or any other personal data via email. You don't know who sees it on the other end and potentially while in transit. Unencrypted email is easy to access, even without your email being hacked. Suffice it to say, your email can be “overheard” – similar to someone standing at your door while you are on the phone.
4. Be extremely cautious when using “Reply All” and forwarding email strings. There may be conversations in the thread that others don't need to see or may be proprietary. It also may have unintended consequences for other users who use “Reply All” back and didn't notice all the people on the email.
5. Often, email can carry a certain tone even if you didn't mean for it to, so take great consideration before clicking send. It is the same as what you say out loud – once it's out there, you can't take it back – and in electronic form, it lives forever.



WEST COAST DISTRICT DENTAL ASSOCIATION

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